








June 2026

Shepherd Village Terrace

All programs are subject to change
Outdoor programs are subject to weather permitting

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 FIFA WORLD CUP <small>UNITED STATES CANADA MEXICO</small> June 11 to July 19, 2026.	9:30 Physio/Strengthening 1 10:15 Physio /Stretching 11:00 Brain Fitness/Word Games 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Hymn singing with Nancy 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 2 11:00 Brain Fitness- Trivia 2:00 HAPPY RETIREMENT NOREEN !!!!  3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 3 10:15 Physio /Stretching 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 4 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:20 Comedy TV Show 3:30 Outdoor walks 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 5 11:00 Brain Fitness/Word Games 2:00 Live Performance with Laurie Atkins 3:30 Music & Drinks on the Patio 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 6 10:15 Physio /Stretching 11:00 Brain Fitness- Trivia 1:00 Games with Gil in the Game Room 2:00 Music Concert with "Just Friends" in the Community Hall 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing	
10:00 Church in the Village 7 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing 	9:30 Physio/Strengthening 8 10:15 Physio /Stretching 11:00 Brain Fitness/Word Games 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Hymn singing with Nancy 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 9 11:00 Brain Fitness- Trivia 2:00 RESIDENTS' COUNCIL MEETING 3:00 Learn Hawaiian Dance with Shanta 3:30 Manicure 1:1 in the Game Room 3:30 Outdoor Patio & Music and Cold Drinks 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10 10:15 Physio /Stretching 11:30 Tiger Paw Exotics petting Zoo in the Courtyard 3:20 Games with Gil in the Game Room 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:20 Documentary/30 Greatest Man-Made Wonders of the World 3:30 Outdoor walks 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 12 11:00 Brain Fitness/Word Games 2:00 Live Performance with Francis De Mello 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 13 10:15 Physio /Stretching 11:00 Brain Fitness- Trivia 1:00 Games with Gil in the Game Room 2:00 BINGO! 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing	
10:00 Church in the Village 14 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing 	9:30 Physio/Strengthening 15 10:15 Physio /Stretching 11:00 Brain Fitness/Word Games 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Hymn singing with Nancy 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 16 11:00 Brain Fitness- Trivia 2:00 Timeless Melodies/ Sing Along Your Favourite Songs and Icecream 3:30 Manicure 1:1 in the Game Room 3:30 Outdoor Patio & Music 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 17 10:15 Physio /Stretching 11:00 Meet & Greet with Deby & Keisha to introduce Scarborough Centre for Healthy Communities to Terrace residents, Staff, and Families 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Outdoor Patio & Music	10:00 GROUP EXERCISE 18 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:20 Comedy TV Show 3:30 Outdoor walks 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 19 11:00 Brain Fitness/Word Games 2:00 Salvation Army Band in the Commuity Hall 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 20 10:15 Physio /Stretching 11:00 Brain Fitness- Trivia 1:00 Games with Gil in the Game Room 2:00 Live Performance with Carla Gonzalez /Celebrating Fathers 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing	
10:00 Church in the Village 21 11:30 FATHER'S DAY BRUNCH 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing 	9:30 Physio/Strengthening 22 10:15 Physio /Stretching 11:00 Brain Fitness/Word Games 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Hymn singing with Nancy 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 23 11:00 Brain Fitness- Trivia 2:00 BINGO! 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 24 10:15 Physio /Stretching 11:00 This is Jeopardy! 1:30 Art & Music 3:20 Games with Gil in the Game Room 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 25 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:20 Documentary/Islands of Fire Wild Hawaii National Geographic 3:30 Outdoor walks 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 26 11:00 Brain Fitness/Word Games 2:00 LIVE PERFORMANCE WITH DAVIS STEVEN 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 27 10:15 Physio /Stretching 11:00 Brain Fitness- Trivia 1:00 Games with Gil in the Game Room 2:00 FAMILY MOVIE MATINEE & DRINKS 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing	
10:00 Church in the Village 28 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing 	9:30 Physio/Strengthening 29 10:15 Physio /Stretching 11:00 Brain Fitness/Word Games 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Hymn singing and Visits with Youth for Christ Group 3:30 Outdoor Patio & Music 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 30 11:00 Brain Fitness- Trivia 2:00 Fresh Strawberry Social 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	 June is Seniors Month <small>Stay Safe. Active and Connected. ontario.ca/SeniorsMonth</small>			<p><i>The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace. Numbers 6:24-26</i></p>	