





July 2026

Resident Home Area 3

Neha
 Recreation Assistant
 416 609 5700 ext 225
 All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Locations Legend</u></p> <p>Activity Den South (ADS) TV Lounge North (TLN) Varied (Vari) Courtyard (COUR) Community Hall (CH) Piano Lounge (PL) Activity Den North (ADN) 6th Floor (6TH) Tv lounge North & South (TVNS) Main Floor (MF) TV Lounge South (TLS)</p> <p>Nursing Station South (NSS) Dining Room North (DRN) TV south/north (TVsn) North TV Lounge (NTV) 4th Floor (4FL) 2nd Floor (2ND) 5th Floor (5fl) 7th Floor (7FLR) North Den (ND) Nursing Station North (NSN)</p>	<p>9:00 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 1</p> <p>10:30 Canada Day Concert (weather-dependent) (COUR)</p> <p>2:00 Canada Trivia (NTV)</p> 	<p>10:30 Petting Zoo (weather-dependent) (COUR) 2</p> <p>1:30 Physio Group (ADS)</p> <p>2:15 Bingo! (PL)</p> <p>3:30 Sensory & Relaxation (Vari)</p>	<p>1:30 Putt Putt Golf (ADS) 3</p> <p>3:00 I've Been Everywhere (ADN)</p> <p>6:00 Friday Night Social w/ Jay One Man Big Band (4FL)</p>	<p>10:30 Chair Exercise: Climb Every Mountain (TLN) 4</p> <p>11:15 Football Toss (TLN)</p> <p>2:00 Afternoon Entertainment w/Samira (2ND)</p> <p>3:30 1:1 Programming</p>	
<p>10:00 Church Service (CH) 5</p> <p>10:00 Virtual Church</p> <p>2:30 Hymn Sing on RHA 2 (TLN)</p>	<p>1:15 1:1 Friendly visits (Vari) 6</p> <p>1:30 Outdoor Program (COUR)</p> <p>1:30 Physio Group (ADS)</p> <p>4:00 Word Ladders (ADS)</p> <p>6:15 Karaoke w/ staff & residents (TLN)</p> <p>7:15 Magic Table Fun (PL)</p>	<p>Self-Directed Activities 7</p> <p>10:00 Windreach Farms (limited spots)</p> <p>10:30 Music Therapy (ADS)</p> <p>1:30 Tover Illumination Projector (PL)</p> <p>1:30 Physio Group (ADS)</p>	<p>10:30 Bird-Watching (COUR) 8</p> <p>11:00 Cubii Challenge (TVNS)</p> <p>2:00 Tai Chi (6TH)</p> <p>2:00 Outdoor Concert (weather-dependent) (COUR)</p> <p>3:30 Spiritual Hymn Sing (TLN)</p> <p>4:00 Self-Directed Activities (Vari)</p>	<p>10:00 Outdoor Physio (COUR) 9</p> <p>10:30 Bible trivia w/ Rebecca (CH)</p> <p>10:30 Ring Toss (ADS)</p> <p>11:10 Active Games (TLN)</p> <p>1:30 Physio Group (ADS)</p> <p>2:15 Bingo! (PL)</p> <p>3:45 Scented Hand Care (Vari)</p> <p>6:00 Music & Brain Games RHA 2</p>	<p>10:30 Bucket Ball Challenge (TLN) 10</p> <p>2:00 Outdoor Concert (weather-dependent) (COUR)</p> <p>6:00 Friday Night Social (5fl)</p>	<p>10:00 Sensory Videos/Music/TV 11</p> <p>11:00 Active Games with Luisa (TLN)</p> <p>2:00 Movies/Music</p> <p>2:00 Afternoon Entertainment w/Davis (CH)</p> <p>3:30 Sensory & Relaxation (Vari)</p>
<p>10:00 Sunday Church Service (CH) 12</p> <p>10:00 Virtual Church</p> <p>2:00 Hymn Sing (TLS)</p> <p>2:30 Sunday Strolling Musician (Vari)</p>	<p>1:15 1:1 Friendly visits (Vari) 13</p> <p>1:30 Physio Group (ADS)</p> <p>2:00 Drum Fit (CH)</p> <p>2:15 Walking Club (MF)</p> <p>2:30 Montessori Activities (ADN)</p> <p>4:00 Word Ladders (ADS)</p> <p>6:15 Sing-a-Long (TLN)</p> <p>7:15 Maestro Music (NSS)</p> <p>7:15 Magic Table Fun (PL)</p>	<p>10:30 Chinese Support Group (7FLR) 14</p> <p>10:30 Football Toss (TLN)</p> <p>10:30 Music Therapy (ADS)</p> <p>11:10 Football Toss (TLN)</p> <p>1:30 Physio Group (ADS)</p> <p>3:30 Crafty Corner (ADS)</p> <p>4:00 Cozy Reads (ADN)</p>	<p>10:30 Outdoor Concert (weather-dependent) (COUR) 15</p> <p>11:00 Cubii Challenge (TVNS)</p> <p>1:30 Walking Club (MF)</p> <p>2:00 Tai Chi (6TH)</p> <p>3:30 Spiritual Hymn Sing (TLN)</p> <p>4:00 Self-Directed Activities (Vari)</p>	<p>10:00 Outdoor Physio (COUR) 16</p> <p>10:30 Putt Putt Golf (ADS)</p> <p>10:30 Tech programs (ND)</p> <p>11:10 Active Games (TLN)</p> <p>11:30 Barbeque Lunch (CH)</p> <p>1:30 Physio Group (ADS)</p> <p>2:15 Bingo! (PL)</p> <p>3:30 Sensory & Relaxation (Vari)</p> <p>6:00 Music & Brain Games RHA 2</p>	<p>2:00 Outdoor Concert (weather-dependent) (COUR) 17</p> <p>6:00 Friday Night Social w/ Jay One Man Big Band (6TH)</p>	<p>10:30 Active Games (TLN) 18</p> <p>2:00 Bowling (CH)</p> <p>3:30 1:1 Programming</p>
<p>10:00 Church Service (CH) 19</p> <p>10:00 Virtual Church</p> <p>2:30 Hymn Sing on RHA 2 (TLN)</p> <p>3:00 World Cup Final (CH)</p>	<p>1:15 1:1 Friendly visits (Vari) 20</p> <p>1:30 Physio Group (ADS)</p> <p>2:30 Badminton Bat (TLN)</p> <p>4:00 Word Ladders (ADS)</p> <p>6:15 Karaoke w/ staff & residents (TLN)</p> <p>7:15 Magic Table Fun (PL)</p>	<p>Self-Directed Activities 21</p> <p>10:00 Windreach Farms (limited spots)</p> <p>10:30 Music Therapy (ADS)</p> <p>1:30 Physio Group (ADS)</p>	<p>11:00 Cubii Challenge (TVNS) 22</p> <p>11:15 Fun and Fit Zumba (CH)</p> <p>12:30 Activity Stations and Light Refreshments (COUR)</p> <p>2:00 Tai Chi (6TH)</p> <p>2:00 What's Baking Today? (DRN)</p> <p>3:30 Spiritual Hymn Sing (TLN)</p> <p>4:00 Self-Directed Activities (Vari)</p> <p>6:00 Sound Therapy (ADS)</p>	<p>10:00 Outdoor Physio (COUR) 23</p> <p>10:30 Pool Noodle Hockey (ADS)</p> <p>11:00 Tech Program (ADN)</p> <p>11:10 Active Games (TLN)</p> <p>1:30 Physio Group (ADS)</p> <p>2:15 Bingo! (PL)</p> <p>3:45 Scented Hand Care (Vari)</p> <p>6:00 Music & Brain Games RHA 2</p>	<p>10:30 Chair Exercise: Climb Every Mountain (TLN) 24</p> <p>2:00 Outdoor Concert (weather-dependent) (COUR)</p> <p>3:45 Tabletop Games (ADS)</p> <p>6:00 Friday Night Social (Vari)</p>	<p>11:00 Active Games with Luisa (TLN) 25</p> <p>2:00 Movies/Music</p> <p>2:30 Afternoon Entertainer w/Shannon (TLN)</p> <p>3:45 Scented Hand Care (Vari)</p> <p>4:00 Word Ladders (ADS)</p> <p>7:15 Relax & Restore (NSN)</p>
<p>10:00 Sunday Church Service (CH) 26</p> <p>10:00 Virtual Church</p> <p>2:00 Hymn Sing (TLS)</p>	<p>1:15 1:1 Friendly visits (Vari) 27</p> <p>1:30 Physio Group (ADS)</p> <p>2:00 Drum Fit (CH)</p> <p>2:15 Walking Club (MF)</p> <p>2:30 Montessori Activities (ADN)</p> <p>4:00 Word Ladders (ADS)</p> <p>6:15 Sing-a-Long (TLN)</p> <p>7:15 Maestro Music (NSS)</p> <p>7:15 Magic Table Fun (PL)</p>	<p>10:30 Football Toss (TLN) 28</p> <p>10:30 Music Therapy (ADS)</p> <p>1:30 Physio Group (ADS)</p> <p>3:30 Crafty Corner (ADS)</p> <p>4:00 Cozy Reads (ADN)</p>	<p>11:00 Cubii Challenge (TVNS) 29</p> <p>1:30 Walking Club (MF)</p> <p>2:00 Tai Chi (6TH)</p> <p>2:00 What's Baking Today? (DRN)</p> <p>3:30 Spiritual Hymn Sing (TLN)</p> <p>4:00 Self-Directed Activities (Vari)</p> <p>6:00 Sound Therapy (ADS)</p>	<p>10:00 Outdoor Physio (COUR) 30</p> <p>10:30 Putt Putt Golf (ADS)</p> <p>11:10 Active Games (TLN)</p> <p>1:30 Physio Group (ADS)</p> <p>2:15 Bingo! (PL)</p> <p>3:30 Sensory & Relaxation (Vari)</p> <p>6:00 Music & Brain Games RHA 2</p>	<p>2:00 Outdoor Concert (weather-dependent) (COUR) 31</p> <p>6:00 Friday Night Social (Vari)</p>	