



In Sync... In the Village

The biannual newsletter of Shepherd Village Inc.



The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake.

Psalm 23:1-3 (ESV)

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Message from the President and CEO



Dear Reader,

We are already halfway through the year, and what a year it has been. Looking back from where we started to where we stand today, there is so much to be grateful for and even more to look forward to.

Gratitude has been the thread running through everything we have done this year. It has shown up in the way we have celebrated our milestones, in our Service of Gratitude, our Volunteer Appreciation Dinner, our Healthcare Heroes Lunch, and, of course, our Golf Tournament. But more than the events themselves, it has shown up in the people. In our residents, our staff, our volunteers, our family members, and the friends of the Village who have held us in their hearts and in their prayers for over 65 years. That is not something we take lightly; that is something we celebrate.

That spirit of gratitude has also turned inward this year. We are proud to share that Shepherd Village has been recognized as a Great Place to Work in Government and Social Services. This category recognizes organizations like ours that serve the public good, including senior care, social support, and community services. Being certified in this space means that among the organizations doing this important and often demanding work, Shepherd Village stands out as a place where employees feel trusted, valued, and proud of what they do. That means everything to us, and we will propose to keep earning it.

It is that same commitment to our people and those in our care that led us to adopt the Butterfly Model as part of our care approach at our Long-Term Care home, Shepherd Lodge. The Butterfly Model is a person-centred approach to dementia care that places the emotional and psychological well-being of residents at the heart of everything we do. Rather than focusing solely on physical care and daily tasks, it asks us to step into the world of the person living with dementia, to know their story, honour their feelings and meet them where they are. It is a model built on love, connection, and deep human dignity which we believe aligns beautifully with who we are, and who we have always aspired to be.

But wait, the celebration is far from over. We invite you to join us for our Fall Food Festival as we officially celebrate 65 years together in long-term care. It will be an evening of connection, joy, and a look ahead to the new collaborations and relationships we hope to build as we step into the next chapter of Shepherd Village.

Now that we have completed our CARF (Commission on Accreditation of Rehabilitation Facilities) Accreditation preparation, following the Yellow Brick Road to Excellence and Innovation with Heart, we are choosing gratitude as our posture and our practice. We hope you will join us in that spirit as we await the results and journey together with the Lord as our Shepherd.

Warm Regards,
Wendy Beckles

Resident Spotlight: A Tribute



Allow us to introduce a new resident to our community. By a wonderful coincidence, this person is called Shepherd Village. Just turned 65 and has gotten a room in all four buildings, the Manor, the Garden, the Terrace and the Lodge. And what better way to welcome a new resident than through a tribute that belongs to everyone?

Here is a tribute to all the amazing residents of Shepherd Village, to all who walked the halls of the Village and called it their home. There is a bittersweet feeling of moving away from where you have always considered home to a new environment. That transition can look different for everyone, but your experience is validated, and your courage in making that move does not go unnoticed. You are welcome, and you do belong here.

Here is a tribute to all our residents who have passed away. The voices, the laughter, the warmth and the love they leave in our hearts that we know cannot be replaced, but we carry their memories with us. Here is a tribute to the neighbour you said good morning to at the break of dawn, and good night to as the moon settles into the sky. To that resident whose familiar face you still look for along the path you walk every day. The resident whose habits were so hard to miss that you always knew where they were and what they would be doing, but now all that is left are memories. Here is a tribute to them.

And here is a tribute to the residents who are no longer with us for a different reason, not because they have answered the great call, but because, in the course of life, they transitioned to somewhere else. Maybe to go live with family, maybe another new home, moved to a different city, moved to the hospital or are currently in hospice. Even though they are not with us, they are a part of us, and we don't forget our own.

Here is a tribute to all our residents who still walk the halls. To the one who just stopped by the salon and came back absolutely glowing. We are not going to call any names, but we all know when the stylist has worked their magic, and there is that undeniable glow we cannot help but admire. Here is a tribute to the residents who have embraced Shepherd Village in all its entirety and poured their hearts into their home through donations, volunteering and extending compassion to one another. You didn't have to, but you did.

Here is a tribute to Shepherd Village at 65 years young. To all our residents, we hope you can make room to continue loving Shepherd Village the way you always have, and can officially welcome this person the way you would welcome anyone new to the Village. Save this person a seat, include them in the things you love and make them feel right at home.

Here is a tribute to you all, because you are the ones who made Shepherd Village feel like home, and feel at home.

Milestone Celebration: Wedding Anniversaries



What does love mean to you? On February 13, we got to witness it up close as we celebrated 12 incredible couples from our community who have been married for 60 years or more. The room was filled with singing, trivia, laughter, and so much warmth and affection.

You should have seen the joy on their faces as we looked through old photographs of them in their younger years. It was truly beautiful to see how much they have grown and gone through together, and still look at each other with that same love and grace.

We celebrated them the right way, with stunning flowers and delicious cake! And if these couples taught us anything, it is this: love is not just a feeling. It is a choice you make for each other, every single day.

LEAD Art Exhibition



On March 19, we held an art exhibition, bringing together creativity from all generations, showcasing inspiring artwork by youth, adults and seniors. The exhibition showcased artwork that reflected the unique perspectives and techniques of the artists. Visitors took the time to appreciate the talent and creativity on display. It was a memorable experience that highlighted the artwork created over the last year.

2026 Service of Gratitude



The Service of Gratitude was a truly special moment for our Village. From the opening song to the final act of worship, the atmosphere was filled with thanksgiving, joy, and reverence. Staff and residents worshipped side by side, the choir was joyful and uplifting, the solos were outstanding, and Pastor Rich's message was timely and encouraging. The service reached a beautiful conclusion with a powerful liturgical dance by Wendy Jones, inspired by Revelation 19:1, a moment that left a lasting impression on all who witnessed it.

Feedback from residents and staff has been overwhelmingly positive, with many expressing how meaningful and inspiring it was to worship together. The most common sentiment? This should happen more than once a year. Suggestions have come in to hold the service during Christmas and Easter, and we are taking that to heart. We are truly blessed to live, serve, and worship together in this community. To God be the glory.

Volunteer Appreciation Dinner



April 19 to 25 was National Volunteer Appreciation Week, and with this year's theme of Ignite Volunteerism, we simply could not let the week pass without honouring the incredible people who give so much to our community. On April 22, we gathered for our Volunteer Appreciation Dinner, a wonderful evening of great food, heartfelt celebration, and well-deserved recognition for all that our volunteers do.

Milestone Celebration: Birthdays Worth Celebrating



How does it feel to turn 95 or even 100? On May 27, we had the honour of celebrating 14 remarkable seniors aged 95 and above, born between January and June, including two centenarians, at our Milestone Birthday Celebration. We were delighted to be joined by MPP Aris Babikian and Patrick Li, representing MP Jean Yip, for an afternoon of joy, delicious cake and a little bit of history.

Healthcare Heroes Lunch



On June 17, we came together as a village to celebrate the heartbeat of our organization, our staff, during our Healthcare Heroes Lunch. From 11 am to 3 pm, all staff were treated to a delicious spread of rice and peas, jerk chicken or BBQ chicken, coleslaw, and a creamy pasta option for our vegetarian team members. It was a warm afternoon, with a little wind that made the day feel even more relaxed. Our President and CEO, Wendy Beckles, alongside fellow leaders and staff members, volunteered to personally serve the team. Just people who care about showing up for the people who show up every day. To every Healthcare Hero at Shepherd Village, you are seen, you are valued, and we are so proud to stand alongside you. Thank you for all that you do.

Strawberry Social



Summer is finally here, and with it comes our favorite tradition of ice cream topped with fresh, colourful strawberries. We had an amazing time at this year's Strawberry Social! On June 29, residents, staff, and volunteers gathered to prep the berries, and on June 30, we shared the delicious treats with everyone. If you missed it, we can assure you it was the perfect treat for the beautiful weather.

31st Annual Charity Golf Tournament



The Shepherd Village Annual Charity Golf Tournament held on Tuesday, June 2, 2026, was a tremendous success, bringing together sponsors, supporters, and community partners for a memorable day of golf, camaraderie, and philanthropy.

On behalf of everyone at Shepherd Village, we extend our sincere gratitude to all participants, sponsors, volunteers, and donors whose generosity and enthusiasm made this year's event possible.

A special thank you goes to our valued sponsors whose leadership and commitment played a significant role in the tournament's success:

- **Sodexo** – Title Sponsor
- **Silver Fox Pharmacy** – Presenting Sponsor
- **Achieva Health & Physiotherapy** – Feature Sponsor
- **Holl Restoration Inc.** – Major Sponsor

Thanks to the incredible support of our community, the tournament not only met but exceeded its fundraising goal. With a target of \$104,000, the event raised more than \$109,000, providing vital support for programs and services that enhance the lives of Shepherd Village residents.

Participants enjoyed beautiful weather, an outstanding golf course, friendly competition, and opportunities to connect with fellow supporters throughout the day. Beyond the fundraising achievement, the tournament highlighted the strength of a community united by a shared commitment to improving the lives of vulnerable residents.

We are deeply grateful for the continued partnership, generosity, and dedication of everyone who contributed to this year's success. We look forward to welcoming participants back for another outstanding tournament next year.

65 Years Young and Just Getting Started!

Sixty-five years ago, Shepherd Village opened its doors with a simple, powerful promise: to care for seniors with compassion, dignity, and faith. This year, we celebrate that promise and boldly declare it's only the beginning.

We turn 65 this year. That makes us a “senior” organization!

But make no mistake, we're not retiring; we're just getting started! Just like you, we're not slowing down...we're moving forward with great purpose and clarity.

Since 1961, Shepherd Village has been Toronto's trusted home for Christian senior living, weaving together excellence in care, vibrant community life, and a deep spiritual foundation. But this milestone isn't just a moment to look back, it's a launchpad forward. Alongside our 65th Anniversary Celebrations, we're thrilled to unveil our new 5-Year Strategic Plan, casting an innovative vision for the next chapter of senior living. The past earns our trust, but the future inspires our commitment and fuels our purpose.

Introducing SV65: The 65 for 65 Campaign

To mark this extraordinary year, we're launching SV65 – a community-wide giving movement. The concept is beautifully simple: 65 ways to engage with Shepherd Village to make a difference together. Whether it's monetarily, as a monthly donor at 65 cents a day, \$6.50 a week, or \$65 a month, every gift makes life more stimulating, safer, and spiritually connected for our residents. Or, whether it's tangibly, offering your time as a “Tech Buddy” for residents, sharing Shepherd Village stories on social media, or volunteering as an usher or musician at Church in the Village services.

Every engagement means you're part of a growing community of people who believe the best is yet to come for Shepherd Village.

Mark Your Calendar: The Fall Food Festival

The 65th anniversary celebration builds to an unforgettable crescendo on Friday, October 30, 2026 – our Fall Food Festival. This special evening will bring together residents, families, staff, donors, service providers, and community partners to celebrate 65 years of impact and glimpse the bold future ahead. Details to follow, but trust us, you won't want to miss it!

Aging with Grace, Innovating with Passion: 65 Years Strong

Happy 65 to us. And to every member of this incredible Village family. We wouldn't have reached this milestone without you and your remarkable investment. Thank you for making every one of these years count. We're looking forward to celebrating 65 years of legacy – and beyond – with you.

Pastor Rich Janes

Director, Spiritual Life and Strategic Partnerships



SHEPHERD VILLAGE
A Caring Christian Seniors' Community

Come join us for our 3rd Annual 2026 Bazaar Walkathon

2K WALK for Seniors

Saturday, September 12 - 10:30 AM

Great vendors, fun games, prizes to be won, all while walking for a great cause.

Help us raise \$25,000 for our seniors

REGISTRATION FEE:
\$10 per person or
\$50 per family (max 6 people)
OR
FREE with raised
SPONSORSHIPS of over \$200

For more information, contact Teresa at 416-609-5700 Ext. 336

Estate, Retirement & End of Life Basics



Protect your assets and family, while planning for your future.

Join us for a seminar on:

- How to best use my RETIREMENT savings.
- Why is Estate Planning important?
- Why are POAs and WILLS important?
- How to help your Executor & Family.
- How to plan a Funeral & why.

Sponsored by
SHEPHERD VILLAGE
A Caring Christian Seniors' Community

and held at
3760 Sheppard Ave. E.
Toronto, ON

Come hear from professional guest speakers.

Stay tuned for FALL date.

For more information contact
Teresa at
tdeni@shepherdvillage.org

Pictures will be taken at this event.



We invite you to give Heart to the Village through donations



*Memorial Garden
A Living Memorial Project*

Shepherd Village is raising funds to enhance our outdoor living spaces, creating a lasting tribute to loved ones who are no longer with us. Through this Living Memorial Project, we aim to enrich the daily lives of residents, families, friends, and staff by providing beautiful natural surroundings that inspire reflection, comfort, peace and well-being for years to come.

To learn more about how you can honour a loved one through the Living Memorial Project, please contact Teresa at 416-609-5700 ext. 336.

Upcoming Events




FIT AND FUN FOR SENIORS

**Wednesday, July 22, 2026
11:15 am – 3 pm**

Location: Community Hall and outside in the Courtyard gardens

Open to all seniors!



PETERBOROUGH LIFTLOCK CRUISE

**TUESDAY, AUGUST 11, 2026
8:30AM - 5:00PM**

What's included:

- Deluxe motor coach transportation
- Lunch
- Scenic boat cruise

Departure Location:
Main Reception Area at Shepherd Village
(3760 Sheppard Ave E., Scarborough, ON M1T 3K9)

Ticket Sales:
Contact Angelica at (416) 609-2052 ext. 286
starting July 8, 2026. **LIMITED TICKETS AVAILABLE**

**TICKET PRICE:
\$125**



SERVICE OF REMEMBRANCE

Honouring the memory of residents who have passed away and remain in our hearts

**Monday, September 28, 2026
7 PM**

Sanctuary/Community Hall

Milestone Birthday Celebration!

**Come Join us
October 2026**

Full details will be communicated soon.
Keep an eye out.

Honouring those who have celebrated or will be celebrating their 95th birthday and beyond between June and December 2025.

Upcoming Events


SPIRITUAL LIFE AND STRATEGIC PARTNERSHIPS
INVITE YOU

Thanksgiving Dessert Social

Thursday
October 08 2026



YOU NEED A TICKET FOR THIS EVENT.
MORE INFORMATION WILL BE COMMUNICATED CLOSER TO THE DATE.



ABBAMANIA TRIBUTE

WEDNESDAY,
OCTOBER 21, 2026

COMMUNITY HALL

For Staff and Residents

Photos and videos will be taken during this event. By attending, you agree to be included. Let us know if you'd prefer not to be.

You are invited!

Join us as we celebrate our
65th anniversary and **30
years of partnership** with
Sodexo at this delightful food
festival.

FALL FOOD FESTIVAL

Friday, October 30, 2026
Details to follow




Take Your Kids to Work Day

Wednesday, November 4, 2026

Upcoming Events

REMEMBRANCE DAY

LEST WE FORGET



WEDNESDAY, NOVEMBER 11, 2026

10 AM

CHURCH IN THE VILLAGE (CITY)

CHRISTMAS CONCERT

SUNDAY, DECEMBER 6, 2026

6 PM




YOU ARE INVITED TO

Christmas
Banquet

FRIDAY, DECEMBER 18, 2026

5 PM

Community Hall

**CHRISTMAS
EVE
SERVICE**

Thursday, December 24, 2026

2 PM

Join us in the Sanctuary



A New Journey Begins on 2 RHA

Over the next 18 months, 2 RHA will be transforming into a Butterfly Care Home Area a place where relationships, emotions, purpose, and meaningful living are at the heart of everything we do.

The Butterfly Care Model is designed to create a warm, home like environment that supports residents living with dementia by focusing on what matters most: connection, comfort, and quality of life.

What Changes Will You See?

A More Homelike Environment



Personalized resident spaces
Warm colors, meaningful décor, and sensory experiences
Spaces that encourage comfort and belonging

Relationship Centered Care



More meaningful interactions
Greater focus on emotional well being
Care that celebrates each person's unique life story

Purposeful Daily Living



Opportunities for residents to engage in meaningful activities
Increased spontaneity, creativity, and joy throughout the day

Staff Learning & Growth



Ongoing education and coaching
New approaches to supporting residents living with dementia
A commitment to continuous improvement

The Village Club

Adult Day Centre

Located on the Lower Level of the Shepherd Terrace Retirement Home here at Shepherd Village, our 65+ Seniors Day Program is set in one of the finest spaces in the building, an open-concept room with panoramic views of our beautiful gardens.

At the Village Club, we offer social, recreational, and therapeutic activities with a specialization in dementia care, all within a warm and welcoming group setting. We give caregivers the well-deserved break they need, with the peace of mind that their loved ones are in a safe, fun, and supportive environment. As many of our families like to say, "It's a home away from home."

We are also pleased to share that Saturday programs launched in May 2026, bringing the same great experience to even more families. Whether it's giving caregivers relief from the demands of their role or offering a senior a joyful day out among friends, our Saturday program delivers great food, fun activities, and the warmth of a wonderful community.

We are open Monday to Friday from 9:00 am to 4:00 pm, with full-day and half-day options available. We also offer select Saturdays twice a month; upcoming dates are listed below.

Village Club Saturday Program

9 AM - 4 PM on the following dates:

- July 11th and July 25th
- August 8th and August 22nd
- September 12th and September 26th
- October 3rd and October 17th

For more information

Contact Nicole McGale
(416-609-5700 Ext. 406)



Shepherd Academy English Literature Class



It is never too late to learn something new, and we have saved a seat just for you! Join our English Literature Class, open to both residents and the community. This season we are reading John Bunyan's timeless classic, *The Pilgrim's Progress*, surrounded by a wonderful group of classmates to share ideas with and enjoy great discussion together. Complete the course and you will even earn a certificate!

Coming soon, we will also be introducing a World Religions Class, exploring the beliefs and traditions that shape our world. More details to follow, so stay tuned!

For more information

Contact Pastor Tony Baker
(416-609-5700 Ext. 227)

Rebranded Café: Reintroducing Courtyard Café



Our Courtyard Café has had quite the transformation, and on June 29th we celebrated with a launch party to introduce everything that is new!

Welcome to The Courtyard Café, your neighbourhood café, reimagined. Step inside and feel the difference right away. The space is bright, open, and clutter-free, with comfortable seating, beautiful planters, and a relaxed atmosphere that makes you want to settle in and stay a while. It still has all the warmth and familiarity of your favourite café, just fresher, more modern, and more inviting than ever before.

Just a few steps from Shepherd Village's main lobby, it is the perfect spot to enjoy a meal, catch up with a friend, or simply take a quiet moment for yourself. With improved food temperature control, everything is served just the way it should be. Choose from our daily set menu, à la carte items, desserts, and snacks, or grab something from our hot food display or cold packaged grab-and-go selection when you are on the move.

Onsite Pharmacy & Convenience Store



Silver Fox Pharmacy, our onsite pharmacy, offers convenient blister packaging for your regularly prescribed medications and over-the-counter products to ensure optimal safety.

- FREE & discreet delivery, right to your door
- Convenience store for all your shopping needs
- 15% senior discount every Wednesday
- Medication reviews with our pharmacist
- Vaccinations & injection service
- Self-serve blood pressure monitoring
- Access to specialty compounding
- Compression hosiery
- Prescribing for minor ailments



Silver Linings Healthcare, a division of Silver Fox Pharmacy, offers a complete selection of medical supplies equipment and healthcare programs including:

- Mobility & daily living aids
- Home safety aids
- Full line of continence care supplies
- Ostomy Care
- Medical Supplies

Silver Linings Healthcare offers discreet delivery right to your door.

Silver Fox Pharmacy and Convenience Store at Shepherd Village is open 6 days a week, located on the first floor of Shepherd Village’s main office, across from the Courtyard Café restaurant.

Operating Hours		
	Pharmacy Hours	Convenience Store Hours
Monday - Friday	9 AM - 5 PM	9 AM - 5 PM
Saturday	Closed	10 AM - 2 PM
Sunday	Closed	Closed
Holidays	Closed	Closed

Health Clinic



SCARBOROUGH CENTRE FOR HEALTHY COMMUNITIES

The Health Clinic, located across from the gym, offers free care for registered clients, with more services coming soon. The team includes a nurse practitioner, social worker, chiropodist, and mental health case worker.

Here is what you need to know:

- This is not a walk-in clinic. Appointments are available only for registered clients.
- All services are completely free (a valid Ontario Health Card is required).
- The clinic is currently not open to the wider community.

Open Monday to Friday (9:30 am – 5 pm)

Closed for lunch (12:30 – 1:30 pm)

You can drop by the clinic or call 416-357-0816 to make an appointment

Hair and Beauty Salon

A friendly and professional team of hair stylists, barbers and beauticians are onsite at Shepherd Village.

Conveniently located just down the hall from the main reception desk, Fashionista Hair and Beauty Salon and Spa offer a wide range of hair styling, esthetics, massage and hand and foot care services.

- Hairstyling for Women
- Men's Haircut
- Waxing Services
- Nail Services
- Facial Services
- Party Hair and Makeup

Tuesday - Saturday (9:00 a.m. - 6:00 p.m.)

Sunday - Monday (CLOSED)

416-609-5700 Ext. 240



Fashionista
Hair and Beauty Salon

Fitness Centre



Stay active with our well-equipped gym and beautiful indoor saltwater pool, available for all fitness levels.

Monthly Fee:

- \$20/month for Shepherd Village Staff.
- \$25/month for Shepherd Village Residents.
- \$35/month for Community Members.

Visit: <https://shepherdvillage.org/health-and-fitness-centre/>

Visitor Parking



Planning to visit Shepherd Village?

Enjoy affordable and convenient parking with our simplified online registration:

- Daily Pass: \$5/day
- Monthly Pass: \$20/month

Register online, submit payment, and bring your confirmation receipt to the Reception Desk to collect your parking pass.

Visit: www.shepherdvillage.org/visitor-parking/

Guest Suites

Keep your loved ones close! Shepherd Village offers two elegant guest suites for nightly and short-term stays, just steps away from our Courtyard Café, Fitness Centre, Spa, Hair Salon, and indoor saltwater pool.

Both suites include two single beds, a full 4-piece bathroom, Wi-Fi, seating area, linens, towels, cable TV, telephone, and a hairdryer. No pricey hotel needed!

- **The Manor | 125 Bonis Avenue, 1st Floor**
Newly renovated full one-bedroom suite with a complete kitchen.
- **The Gardens | 115 Bonis Avenue, 4th Floor**
Cozy suite with a small fridge, coffee maker, and kettle.

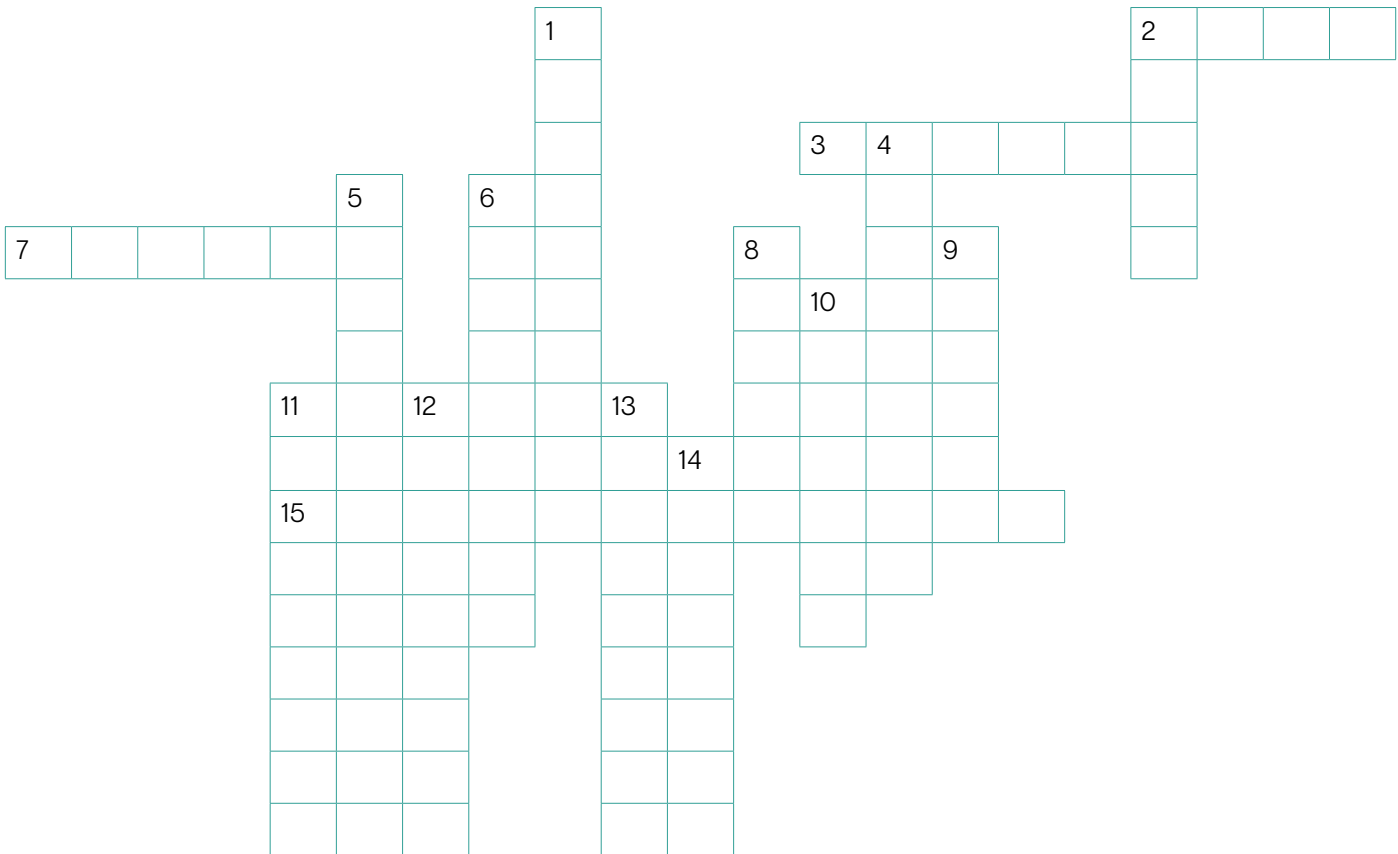
For more information

Contact us at 416-609-5700



Word Search

Find the words hidden in the word search



ACROSS

2. The main attraction on display at the October 30 event
3. A market-style event with stalls and vendors
7. Event taking place on August 11
15. The practice of offering time and service without pay

DOWN

1. A major showcase event held on March 19
2. A utensil used to eat pasta from the Courtyard Café
4. A musical tribute inspired by the songs of ABBA
5. Location of event taking place on August 11
6. The feeling or state of being thankful
8. To light up and the first word of the Volunteers Day theme
9. A utensil used to cut cake
10. The first word in the book chosen for English literature discussion
11. What participants can expect at the anniversary event on October 30
12. The Walk for seniors
13. The person-centered care model being introduced at the Lodge
14. Clue: A system of faith and worship and the second word of the upcoming Shepherd Academy topic



Shepherd Village Inc.

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Associated with The Pentecostal Assemblies of Canada