





July 2026

Shepherd Village Lodge

Julia
 Recreation Assistant
 416 609 5700 ext 235
 All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>Locations Legend</u></p> <p>Piano Lounge (PL) Varied (VARI) TV Lounge North/South (TVns) Activity Den North (ADN) TV Lounge South (TLS) Outdoors (ODR) Varied (Vari) Community Hall (CH)</p> <p>Sanctuary/ On TV (SOT) Tv lounge North & South (TVNS) 7th Floor (7FLR) 4th Floor (4FL) Main Floor (MF) Outing (OUT) 6th Floor (6TH)</p>	<p>10:00 Visits w/ family, friends, caregiver (VARI) 1</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:30 Canada Day Celebration (ODR)</p> 	<p>10:00 Visits w/ family, friends, caregiver (VARI) 2</p> <p>10:15 Top -Up Thursdays (PL)</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Card Games (PL)</p>	<p>10:00 Morning Music and News (TLS) 3</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Cubii Exercises (PL)</p> <p>2:00 Shuffleboard (ADN)</p> <p>6:00 Friday Social Hour (RHA 4) w/ Jay One Man Big Band (Vari)</p>	<p>10:00 Morning Exercises (PL) 4</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:30 Weekend Bingo (PL)</p> <p>12:30 Mindful Music (TLS)</p> <p>2:30 Entertainer on 4th RHA (PL)</p> <p>3:30 Dominoes (PL)</p>	
<p>10:00 Spiritual Life Church Service (CH) 5</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Hymn Sing (TLS)</p> <p>4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 6</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Shuffleboard (ADN)</p>	<p>10:00 Morning exercise (TVns) 7</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Mahjong Club (PL)</p> <p>2:00 Bell Choir (ADN)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Visits w/ family, friends, caregiver (VARI) 8</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:00 Morning exercise (ODR)</p> <p>10:30 Crossword Puzzle (PL)</p> <p>11:30 Staff friendly visit</p> <p>11:30 Village Cruise (MF)</p> <p>2:00 Outdoor Concert (ODR)</p>	<p>10:00 Morning exercise (TVns) 9</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Audible Bible Study (CH)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities (VARI) 10</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Word Games (PL)</p> <p>2:00 Outdoor Concert (ADN)</p> <p>3:30 Dominoes (PL)</p> <p>6:00 Friday Social Hour (RHA 5) w/ Jessica Wilson (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 11</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Sensory & Relaxation (TVNS)</p> <p>2:00 Concert w/ Davis Stevens (CH)</p> <p>3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) 12</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>2:00 Hymn Sing (4FL)</p>	<p>10:00 Morning exercise (TVns) 13</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:15 Name That Tune (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Boomers Club (ODR)</p> <p>3:30 Dominoes (PL)</p>	<p>8:30 Windreach Farm Outing (OUT) 14</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Cantonese and Mandarin Support Group (PL)</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Resident's Council (PL)</p> <p>3:30 Bell Choir (ADN)</p>	<p>10:00 Morning exercise (TVns) 15</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Pawsitively Pets (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Outdoor Concert (ODR)</p> <p>3:30 Jeopardy! (PL)</p>	<p>9:30 Rec Staff in Care Conference 16</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>12:30 BBQ Picnic (ODR)</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Card Games (PL)</p>	<p>10:00 Morning Music and News (TLS) 17</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Cubii Exercises (PL)</p> <p>2:00 Outdoor Concert (ODR)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Morning Exercises (PL) 18</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self Directed Activities (VARI)</p> <p>10:30 Weekend Bingo (PL)</p> <p>11:15 Exercise Trivia on 4th RHA</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Bowling (CH)</p> <p>3:30 Dominoes (PL)</p>
<p>10:00 Spiritual Life Church Service (CH) 19</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Hymn Sing (TLS)</p> <p>4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 20</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Petting Zoo (ODR)</p>	<p>10:00 Morning exercise (TVns) 21</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Bell Choir (ADN)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVns) 22</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:30 Crossword Puzzle (PL)</p> <p>11:30 Staff friendly visit</p> <p>12:30 Fun & Fitness Event (CH)</p> <p>3:30 Jeopardy! (PL)</p>	<p>10:00 Morning exercise (TVns) 23</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Audible Bible Study (CH)</p> <p>10:30 Top Up Thursdays (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities (VARI) 24</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Word Games (PL)</p> <p>2:00 Shuffleboard (ADN)</p> <p>3:30 Dominoes (PL)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 25</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Sensory & Relaxation (TVNS)</p> <p>3:00 Musical Entertainer (PL)</p> <p>3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) 26</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>2:00 Hymn Sing (4FL)</p>	<p>10:00 Self Directed Activities (VARI) 27</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Name That Tune (PL)</p> <p>11:30 Staff friendly visit</p> <p>3:30 Dominoes (PL)</p>	<p>10:00 Morning exercise (TVns) 28</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Circle of Care (PL)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVns) 29</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:30 Crossword Puzzle (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Tai-Chi (6TH)</p> <p>3:30 Jeopardy! (PL)</p>	<p>10:00 Morning exercise (TVns) 30</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Top Up Thursdays (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Card Games (PL)</p>	<p>10:00 Morning Music and News (TLS) 31</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Morning exercise (TVns)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Cubii Exercises (PL)</p> <p>2:00 Shuffleboard (ADN)</p> <p>6:00 Friday Social Hour (Vari)</p>	