



Calendar may be adapted to fit the needs of residents.

All activities are subject to change.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
												9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 1 2:00 Weekend Entertainer (TLN)	
9:30 Gospel Music Listening (Self Directed Activity) (TVsn) 2 10:00 Church Service (CH) 10:00 Virtual Service (TVns) 2:30 Hymn Sing (TLN)	Happy Civic Holiday 3 9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 2:00 Popsicle Train 	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 4 10:00 Pet Therapy (TVns) 10:30 Physio Exercise (TLN) 11:00 Balloon Badminton (TVns) 2:00 Carnival Parade (Vari) 2:30 Put Pieces Together (ADS) 4:00 Nature Walk (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 5 10:15 Cubii & Exercises (TLN) 10:30 Music Therapy (ADN) 2:00 Caribbean Day _ Steel Drum (ODR) 4:00 Recreation Meeting 4:00 Nature Walk (ODR)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 6 10:30 Physio Exercise (TLN) 11:00 Hymn Sing & Service (TLN) 1:00 Good Shepherd Intergenerational Camp Games (COUR) 2:00 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI)	11:15 Active Games (TLN) 7 1:30 Physio Exercise (TLN) 2:00 Outdoor Concert (ODR) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 8 10:15 Active Games (VARI) 2:00 Weekend Concert (CH) 3:30 Nature Walk (VARI)							
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 9 10:00 Church Service (CH) 2:30 Hymn Sing (TLN) 3:15 Nature Walk (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 10 10:15 Exercises & Games (ADN) 2:00 Short Stories (ADN) 3:15 Maestro (VARI) 6:15 Evening Sing-a-Long (3RD)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 11 10:00 Happy Feet Walker (VARI) 10:30 Physio Exercise (TLN) 10:30 Cantonese Group Social (6TH) 11:00 Strike Zone (TLN) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 12 9:30 Rosetta Mclean Park Outing (Out) 10:30 Music Therapy (ADN) 10:30 Outdoor Concert (ODR) 2:00 Hymn Sing & Service (TLN) 4:00 Recreation Meeting 6:00 Sensory Sound Therapy (3RD)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 13 10:30 Physio Exercise (TLN) 11:00 Active Games (TVns) 12:00 KFC Picnic (ODR) 2:00 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 14 1:30 Physio Exercise (TLN) 2:00 Outdoor Concert (ODR) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self directed Activity) 15 11:00 Summertime Jam Session (weather-dependent) (COUR) 2:00 Bowling (CH)							
9:30 Gospel Music Listening 16 10:00 Church Service (CH) 10:00 Virtual Service (TVns) 2:30 Hymn Sing (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 17 2:00 Short Stories (ADN) 3:15 Maestro (VARI) 6:15 Evening Sing-a-Long (3RD)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 18 10:30 Physio Exercise (TLN) 2:00 Classic Movies (TVns)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 19 10:30 Music Therapy (ADN) 2:00 Hymn Sing & Service (TLN) 4:00 Recreation Meeting	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 20 10:30 Physio Exercise (TLN) 2:00 Movie Matinee (TVns)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 21 11:15 Active Games (TLN) 1:30 Physio Exercise (TLN) 2:00 Outdoor Concert (ODR) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 22 10:15 Active Games (VARI) 2:00 Mindful Art (Vari) 3:30 Walking Club (VARI)							
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 23 10:00 Church Service (CH) 2:30 Strolling Musician (TLN) 3:15 Nature Walk (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 24 10:15 Exercises & Games (ADN) 2:00 Short Stories (ADN) 3:15 Maestro (VARI) 6:15 Evening Sing-a-Long (3RD)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 25 10:00 Happy Feet Walker (VARI) 10:00 Pet Therapy (Vari) 10:30 Physio Exercise (TLN) 11:00 Strike Zone (TLN) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 26 10:15 Pawsitively Pets (TLN) 10:30 Music Therapy (ADN) 2:00 Hymn Sing & Service (TLN) 2:00 Outdoor Concert (TVns) 4:00 Recreation Meeting 6:00 Sensory Sound Therapy (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 27 10:30 Physio Exercise (TLN) 2:00 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI) 6:00 Music & Brain Games (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 28 1:30 Physio Exercise (TLN) 2:00 Outdoor Concert (ODR) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 29 11:10 Active Games with Neha (TLN) 2:00 Matinee Movie (TVns)							
9:30 Gospel Music Listening (Self Directed Activity) (TVsn) 30 10:00 Church Service (CH) 10:00 Virtual Service (TVns) 2:30 Hymn Sing (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 31 10:15 Strike Zone (TLN) 2:00 Short Stories (ADN) 3:15 Montessori Activities (VARI) 6:15 Evening Sing-a-Long (3RD)			<u>Locations Legend</u> TV Lounge North (TLN) TV south/north (TVsn) Varied (VARI) Activity Den North (ADN) Activity Den South (ADS) Outdoors (ODR) Community Hall (CH) TV Lounge North/South (TVns) 6th Floor (6TH) 3RD FLOOR (3RD) TV Lounge N/S (TVns) Varied (Vari) TV Lounge North/South (TVns) Courtyard (COUR) Outing (Out)									