



September 2026

Resident Home Area 7

Julia
Recreation Assistant
Contact: 416-609-5700 Ext. 235
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Pet Therapy (PL) 1 1:15 Men's Fellowship (ADN) 2:00 Bell Choir (ADN) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	10:00 Morning exercise (TVNs) 2 10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 2:00 Tai-Chi (6TH) 2:00 Baking (PL) 3:30 Jeopardy! (PL) 4:00 Tamil Social Club (PL)	10:00 Morning exercise (TVNs) 3 10:30 Pawsitively Pets (PL) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Morning exercise (TVNs) 4 10:15 Word Games (PL) 2:00 Friday Mic & Music (7FLR) 3:30 Dominoes (PL) 6:00 Friday Social Hour (Vari)	10:00 Cubii Exercises with Andrea (PL) 5 12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS) 3:30 Dominoes (PL)
	10:00 Spiritual Life Church Service (SOT) 6 10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (4FL)	LABOR DAY 7 3:00 Ice Cream/Popsicle Train (Vari) 	10:30 Cantonese and Mandarin Support Group (PL) 8 1:15 Men's Fellowship (ADN) 2:00 Resident's Council (VARI) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	10:00 Morning exercise (TVNs) 9 10:30 Crossword Puzzle (PL) 11:30 Staff friendly visit 11:30 Village Cruise (MF) 2:00 Tai-Chi (6TH) 2:00 Bell Choir Performance (CH) 4:00 Tamil Social Club (PL)	10:30 Audible Bible Study (CH) 10 11:30 Staff friendly visit 11:45 Community Hall BBQ (CH) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	10:00 Cubii Exercises with Andrea (PL) 11 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 10:00 Morning exercise (TVns) 2:00 Shuffleboard (ADN) 6:00 Friday Social Hour (Vari)
10:00 Spiritual Life Church Service (CH) 13 10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (TLS) 3:00 Tover Time (PL) 4:15 1-1 Staff Visits (Vari)	Residents' Council Week 14 10:00 Game Shows in the Morning 11:30 Staff friendly visit 2:00 Residents' Council Party (CH)	Residents' Council Week 15 10:00 Morning exercise (TVns) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 3:00 Caribbean Themed Prep 6:15 Big Games Night (7FLR)	Residents' Council Week 16 11:30 Staff friendly visit 2:00 Tai-Chi (6TH) 4:00 Tamil Social Club (PL) 5:00 Resident and Family Dinner (CH)	Residents' Council Week 17 9:30 Rec Staff in Care Conference 10:00 Fun & Fitness on RHA 4 (PL) 10:00 Morning exercise (TVns) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	Residents' Council Week 18 10:00 Morning exercise (TVns) 10:30 OLTCa Event (CH) 2:00 Friday Mic & Music (7FLR) 3:30 Dominoes (PL)	10:00 Cubii Exercises with Andrea (PL) 19 12:30 Sensory & Relaxation (TVNS) 2:00 Bowl-A-Rama (CH) 3:30 Movie Afternoon (TVNS) 3:30 Dominoes (PL)
10:00 Spiritual Life Church Service (SOT) 20 10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (4FL)	10:00 Morning exercise (TVns) 21 10:30 Wacky Word Play (PL) 11:30 Staff friendly visit 2:00 Armenian Club - RHA 6 (PL) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)	9:45 CN Tower Outing (Out) 22 10:00 Pet Therapy (PL) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN)	10:00 Morning exercise (TVns) 23 10:30 Crossword Puzzle (PL) 11:30 Staff friendly visit 2:00 Tai-Chi (6TH) 2:00 Baking (PL) 3:00 Recreation Meeting 4:00 Tamil Social Club (PL)	9:30 Rec Staff in Care Conference 24 10:00 Morning exercise (TVns) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	10:00 Morning Music and News (TLS) 25 10:00 Game Shows in the Morning 10:00 Morning exercise (TVns) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard (ADN) 6:00 Friday Social Hour (Vari)	10:00 Morning Exercises (PL) 26 10:30 Weekend Bingo (PL) 3:00 Musical Entertainer (PL) 3:30 Dominoes (PL)
10:00 Spiritual Life Church Service (CH) 27 10:00 Spiritual Life Virtual (SOT) 12:30 Mindful Music (TLS) 2:00 Hymn Sing (TLS) 3:45 Jeopardy (PL) 4:15 1-1 Staff Visits (Vari)	10:00 Game Shows in the Morning 28 11:30 Staff friendly visit 2:00 Shuffleboard (ADN)	10:00 Morning exercise (TVns) 29 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 2:00 Circle of Care (7FLR) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	9:00 The National Day for Truth and Reconciliation 30 10:00 Morning exercise (TVns) 10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 2:00 Tai-Chi (6TH) 2:00 Baking (PL) 3:30 Jeopardy! (PL) 4:00 Tamil Social Club (PL)	<u>Locations Legend</u> Piano Lounge (PL) TV Lounge North/South (TVns) Community Hall (CH) Activity Den North (ADN) 7th Floor (7FLR) Varied (Vari) Sanctuary/ On TV (SOT) 6th Floor (6TH) TV Lounge South (TLS) Tv lounge North & South (TVNS) Main Floor (MF) 4th Floor (4FL) Varied (VARI) Outing (Out)		