



September 2026

Resident Home Area 5

Jeannette
Recreation Assistant
Contact: 416-609-5700 Ext. 254
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Sensory Music (TVns) 1 9:30 Physio Exercises (PL) 9:30 1-1 Calendar Distribution (RSR) 10:30 Fun & Fitness (PL) 1:15 Men's Fellowship-RHA7 (ND) 2:00 SL Soccer Kick (PL)	9:30 Sensory Music (TVns) 2 2:00 Tai Chi (CH) 2:00 Active Game (ND) 4:00 Recreation Meeting 4:00 Tamil Social Club RHA 7 (PL) 6:00 Readings & Songs (PL)	9:30 Physio Exercises (PL) 3 10:00 Gaither Music (TLS) 11:00 Discussion Group (PL) 2:00 Travelogue (TLS) 3:00 CRDL (PL)	9:30 Sensory Music (TVns) 4 10:00 Trivia (PL) 10:30 Pawsitively Pets (PL) 2:00 Crafts - Welcome Cards For JK & SK (ND) 3:30 Travelogue (TLS) 6:00 Social Hour with Carla RHA5 (PL)	9:30 Sensory Music (TVns) 5 10:00 Exercises (PL) 10:30 Word Games (PL) 11:00 Exercise -RHA6 (TLN) 2:00 Entertainer - Filipa RHA6 (PL) 3:15 Country Cooking (TLS)
	10:00 Church Service (CH) 6 10:00 Virtual Service (TVns) 11:30 Video Call (VARI) 1:45 Cards-RHA6 (ND) 2:30 Sing-along (TLN) 3:15 Quiddler (ND)	Labour Day 7 9:30 Sensory Music (TVns) 2:00 Ice Cream/Popsicle Train (VARI) 	9:30 Sensory Music (TVns) 8 10:00 Pet Therapy - Luna (PL) 10:30 Cantonese Grp with Iris - 7fl (PL) 1:15 Men's Fellowship-RHA7 (ND) 2:00 Resident's Council (PL) 3:15 Andrea Rieu Music (TLS)	9:30 Sensory Music (TVns) 9 1:45 Video Call (VARI) 2:00 Tai Chi (CH) 2:00 Bell Choir Performance (CH) 4:00 Recreation Meeting 4:00 Tamil Social Club RHA 7 (PL) 6:00 Readings & Songs (PL)	9:30 Sensory Music (TVns) 10 9:30 Physio Exercises (PL) 10:00 Tic-Tac-Toe (PL) 10:30 Bible Trivia with Rebecca (CH) 2:00 Montessori Activities (VARI) 3:15 Quiddler (ND)	9:30 Sensory Music (TVns) 11 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 2:00 Shuffleboard (SD) 3:30 Travelogue (TLS) 6:00 Social Hour with Jessica RHA6 (PL)
10:00 Church Service (CH) 13 10:00 Virtual Service (TVns) 2:00 Country Cooking (TLS) 2:30 Strolling Musician (HALL) 3:15 CRDL - RHA 6 (PL)	Resident's Council Week 14 10:30 Spiritual Hymn Sing (PL) 2:00 Resident's Council Party With Amber Hardy (GR) 3:30 Travelogue (TLS)	9:30 Sensory Music (TVns) 15 9:30 Physio Exercises (PL) 10:30 Wednesday Bingo-RHA6 (PL) 1:15 Men's Fellowship-RHA7 (ND) 3:00 Caribbean Themed Prep for Dinner	9:30 Sensory Music (TVns) 16 9:30 Physio Exercises (PL) 2:00 Tai Chi (CH) 4:00 Tamil Social Club RHA 7 (PL) 5:00 Caribbean Family Dinner (CH)	9:30 Sensory Music (TVns) 17 9:30 Physio Exercises (PL) 10:00 Country Cooking (TLS) 11:00 Discussion Group (PL) 2:00 Travelogue (TLS) 3:00 CRDL (PL)	9:30 Sensory Music (TVns) 18 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 2:00 Friday Fellowship with Ruth (CH) 3:30 Maestro (ND)	9:30 Sensory Music (TVns) 19 10:00 Exercises (PL) 10:30 Word Games (PL) 11:00 Exercise -RHA6 (TLN) 2:00 Bowling (CH) 3:15 Country Cooking (TLS)
10:00 Church Service (CH) 20 10:00 Virtual Service (TVns) 11:30 Video Call (VARI) 1:45 Cards-RHA6 (ND) 2:30 Sing-a-long (TLN) 3:15 Quiddler (ND)	9:30 Sensory Music (TVns) 21 10:00 Video Call (VARI) 10:30 Spiritual Hymn Sing (PL) 1:45 Video Call (VARI) 2:00 Boomer's Club- 7fl (ND)	9:30 Sensory Music (TVns) 22 9:30 Physio Exercises (PL) 9:45 CN Tower Lunch Outing (OUT) 11:00 Cradle (PL) 1:15 Men's Fellowship-RHA7 (ND) 2:00 Dice Game- RHA 6 (PL) 3:15 Andrea Rieu Music (TLS)	Hatch A Chicken 23 10:30 Wednesday Bingo-RHA6 (PL) 1:45 Video Call (VARI) 2:00 Tai Chi (CH) 3:00 Recreation Meeting 4:00 Tamil Social Club RHA 7 (PL) 6:00 Readings & Songs (PL)	9:30 Sensory Music (TVns) 24 9:30 Physio Exercises (PL) 10:00 Tic-Tac-Toe (PL) 10:30 Word Game (PL) 2:00 Montessori Activities (VARI)	9:30 Sensory Music (TVns) 25 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 2:00 Friday Fellowship with Eileen (CH) 3:30 Maestro (ND) 6:00 Social Hour (PL)	9:30 Gospel Music (TLS) 26 10:30 Wake & Wiggle - RHA5 (PL) 2:00 Comedy Hour (TLS) 2:30 Entertainer- Alisa RHA5 (PL) 3:15 Country Cooking (TLS)
10:00 Church Service (CH) 27 10:00 Virtual Service (TVns) 2:00 Magic Table Fun (PL) 3:00 Country Cooking (TLS) 3:15 CRDL - RHA 6 (PL)	9:30 Sensory Music (TVns) 28 10:00 Video Call (VARI) 10:30 Spiritual Hymn Sing (PL) 1:45 Video Call (VARI) 2:00 Baking (DRN)	9:30 Sensory Music (TVns) 29 9:30 Physio Exercises (PL) 10:00 Pet Therapy - Luna (PL) 1:15 Men's Fellowship-RHA7 (ND) 2:00 Circle of Care RHA 7 (PL) 3:30 Busy Hands (ND)	The National Day for Truth and Reconciliation 30 9:30 Sensory Music (TVns) 2:00 Tai Chi (CH) 4:00 Recreation Meeting 4:00 Tamil Social Club RHA 7 (PL) 6:00 Readings & Songs (PL)	<u>Locations Legend</u> Piano Lounge (PL) TV Lounge N/S (TVns) TV Lounge South (TLS) North Den (ND) Community Hall (CH) Varied (VARI) TV Lounge North (TLN) Resident's room (RSR) South Den (SD) Hallway (HALL) Gardenview Room (GR) Outing (OUT) Dining Room North (DRN)		