



September 2026

Resident Home Area 3

Neha
Recreation Assistant
Contact: 416-609-5700 Ext. 225
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Self-Directed Activities 1 10:30 Music Therapy (ADS) 1:30 Group Physiotherapy Exercises1 (ADS)	10:30 Bread Bake Morning (ADN) 2 11:00 Cubii Challenge (TVNS) 2:00 Tai Chi (6TH) 2:00 1-1 Calendar Distribution (Vari) 3:30 Spiritual Hymn Sing (TLN)	10:30 Putt Putt Golf (ADS) 3 11:10 Active Games (TLN) 1:30 Group Physiotherapy Exercises (ADS) 2:15 Bingo! (PL) 4:00 Scented Hand Care (Vari)	10:30 Bucket Ball Challenge (TLN) 4 6:00 Friday Night Social w/Carla Gonzalez (5fl)	11:00 Active Games with Luisa (TLN) 5 2:00 Entertainer Filipa Souza on RHA 6/7 (PL)
	10:00 Sunday Church Service (CH) 6 10:00 Virtual Church 2:00 Hymn Sing (TLS)	Happy Labour Day 7 2:00 Sweet Treat Train Program (Vari) 	10:30 Chinese Support Group (7FLR) 8 10:30 Football Toss (TLN) 10:30 Music Therapy (ADS) 11:10 Football Toss (TLN) 1:30 Group Physiotherapy Exercises1 (ADS) 3:30 Crafty Corner (ADS) 4:00 Cozy Reads (ADN)	10:30 Bread Bake (ADN) 9 11:00 Cubii Challenge (TVNS) 1:30 Walking Club (MF) 2:00 Tai Chi (6TH) 2:00 Bell Choir Performance (CH) 3:30 Spiritual Hymn Sing (TLN) 6:00 Sound Therapy (SD)	10:30 Bible trivia w/ Rebecca (CH) 10 10:30 Putt Putt Golf (ADS) 11:10 Active Games (TLN) 1:30 Group Physiotherapy Exercises (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2 6:00 Technology Night (ADS)	10:30 Active Games (TLN) 12 2:00 Weekend concert w/Jessica Rios (CH) 4:00 1:1 Programming
10:00 Church Service (CH) 13 10:00 Virtual Church 2:00 Strolling Musician William Lo RHA's 6/7 (PL) 3:00 Tover Illumination Projector (PL) 4:00 Robot Robbie (TLN)	Resident's Council Week 14 1:30 Group Physiotherapy Exercises (ADS) 2:30 Badminton Bat (TLN) 4:00 Word Ladders (ADS) 6:00 Person Centered Activities (VAR) 6:15 Karaoke w/ staff & residents (TLN)	Self-Directed Activities 15 10:30 Music Therapy (ADS) 10:30 Pet Therapy (TLN) 1:30 Group Physiotherapy Exercises1 (ADS)	10:30 Pawsitively Pets (TLN) 16 2:00 Tai Chi (6TH) 3:30 Spiritual Hymn Sing (TLN) 5:00 Resident and Family Dinner (CH)	10:30 Pool Noodle Hockey (ADS) 17 10:30 Putt Putt Golf (ADS) 11:10 Active Games (TLN) 1:30 Group Physiotherapy Exercises (ADS) 2:15 Bingo! (PL) 4:00 Scented Hand Care (Vari)	10:30 OLTCA Community Engagement (Vari) 18 3:45 Tabletop Games (ADS)	11:00 Active Games with Luisa (TLN) 19 2:00 Bowling (CH)
10:00 Sunday Church Service (CH) 20 10:00 Virtual Church 2:00 Hymn Sing (TLS)	1:30 Group Physiotherapy Exercises (ADS) 21 2:00 Armenian Club - RHA 6 (PL) 2:15 Walking Club (MF) 3:30 Montessori Activities (ADN) 4:00 Word Ladders (ADS) 6:00 Person Centered Activities (VAR) 6:15 Sing-a-Long (TLN) 7:15 Maestro Music (NSS)	10:30 Football Toss (TLN) 22 10:30 Music Therapy (ADS) 1:30 Group Physiotherapy Exercises1 (ADS) 3:30 Crafty Corner (ADS) 4:00 Cozy Reads (ADN)	11:00 Cubii Challenge (TVNS) 23 1:30 Walking Club (MF) 2:00 Tai Chi (6TH) 2:30 Kitchen Science Experiements (ADS) 3:30 Spiritual Hymn Sing (TLN) 6:00 Sound Therapy (ADS) 6:00 Sound therapy (VARI)	10:30 Putt Putt Golf (ADS) 24 11:10 Active Games (TLN) 1:30 Group Physiotherapy Exercises (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2	6:00 Friday Night Social (Vari) 25	10:30 Active Games (TLN) 26 4:00 1:1 Programming
10:00 Church Service (CH) 27 10:00 Virtual Church 3:00 Tover Illumination Projector (PL) 4:00 Robot Robbie (TLN)	1:30 Group Physiotherapy Exercises (ADS) 28 4:00 Word Ladders (ADS) 6:00 Person Centered Activities (VAR) 6:15 Karaoke w/ staff & residents (TLN)	Self-Directed Activities 29 10:30 Music Therapy (ADS) 1:30 Group Physiotherapy Exercises1 (ADS)	National Day for Truth and Reconciliation 30 11:00 Cubii Challenge (TVNS) 2:00 Tai Chi (6TH) 3:30 Spiritual Hymn Sing (TLN)	<u>Locations Legend</u> Activity Den South (ADS) TV Lounge North (TLN) Piano Lounge (PL) Community Hall (CH) Varied (Vari) 6th Floor (6TH) Activity Den North (ADN) Tv lounge North & South (TVNS) Main Floor (MF) VARIED (VAR) TV Lounge South (TLS) 5th Floor (5fl) 7th Floor (7FLR) South Den (SD) Nursing Station South (NSS) Varied (VARI)		