

October 2026

Shepherd Village Terrace

-All programs are subject to change.
-All programs will be held in the Music Room,
unless specified otherwise.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"GIVE PRAISE TO THE LORD, PROCLAIM HIS NAME; MAKE KNOWN AMONG THE NATIONS WHAT HE HAS DONE, AND PROCLAIM THAT HIS NAME IS EXALTED. SING TO THE LORD, FOR HE HAS DONE GLORIOUS THINGS; LET THIS BE KNOWN TO ALL THE WORLD. ISAIAH 12:4-5			GIVE THANKS IN ALL CIRCUMSTANCES; FOR THIS IS THE WILL OF GOD IN CHRIST JESUS FOR YOU. 1 THESSALONIANS 5:18	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Sing unto the Lord a New Song 3:20 Documentary/UNSEEN AMAZON: Inside the World's Most Dangerous Rainforest 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Live Performance with Andre Anthony 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Welcome October Tea Social 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 1:30 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary Canada/YUKON: The Most Isolated Land in North America 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Celebrating Octoberfest with The Sparklettes 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 BINGO! 3:00 Games in the Game Room (Scrabble & Dominos) 5:30 Movie Matinee SNOW WHITE	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Comedy TV Show 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 HISTORY HOUR WITH LIANNE 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Game day in the Music Room 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 1:30 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing	6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 RESIDENTS' COUNCIL MEETING IN THE MUSIC ROOM 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 BINGO! 3:00 Games in the Game Room (Scrabble & Dominos) 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Documentary/Destination China -QATAR: This Country Looks Too Unreal to Believe 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Classical Music Concert with Lorna Langit-Blennerhassett & Guests 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 MOVIE MATINEE with DRINKS & POPCORN 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 1:30 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing	9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary Canada/MANITOBA: Canada's Untamed Heartland 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 BINGO! 2:00 Bus Trip Fall Leaves Country Side 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 ABBAMANIA Tribute In the Community Hall 3:00 Games in the Game Room (Scrabble & Dominos) 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Comedy TV Show 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Singer Susan Ryman and Sue Stevens in the Community Hall 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Timeless Melodies/ Sing Along Your Favourite Songs and Icecream 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 1:30 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing	Election Day In the Community Hall from 1 PM to 3 PM 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary Canada/Wonders of Nova Scotia The Hidden Places No One Talks About! 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Craft Club (Bracelets) 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	Goodbye to our little baby chicks 9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 Milestone Celebration for Celebrants July-Dec 2026 in the Community Hall 3:00 Games in the Game Room (Scrabble & Dominos) 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Documentary/SAINT HELENA: Inside the Isolated World at the Edge of the Atlantic 6:00 MOVIE NIGHT	9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 "Be Free", the story of Mary Magdalene with Laurie Atkins in the Community Hall 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Live Performance with Steve Peckford 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing