



October 2026

Resident Home Area 2

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Calendars may be adapted to fit the need of our residents.

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend TV Lounge North (TLN) TV south/north (TVsn) Varied (VARI) Community Hall (CH) Activity Den South (ADS) 6th Floor (6TH) Activity Den North (ADN) TV Lounge North/South (TVns) Dining Room North (DRN) 5th Floor (5fl) North TV Lounge (NTV) TV Lounge N/S (TVns) Outing (Out) Varied (Vari) Outdoors (ODR) Gardenview Room (GR) 3RD FLOOR (3RD)				9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 1 10:30 Physio Exercise (TLN) 2:15 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI) 6:00 Music & Brain Games (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 2 11:15 Active Games (TLN) 1:30 Physio Exercise (TLN) 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 3 2:00 Movie Afternoon (TVns)
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 4 10:00 Church Service (CH) 2:30 Hymn Sing (TLN) 3:30 Happy Feet (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 5 2:00 Movie Matinee (TVns) 2:00 Italian Social Club (5fl) 6:00 Technology Night (NTV)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 6 10:00 Pet Visit (VARI) 10:00 Cantonese/Mandarin Support Group (6TH) 10:30 Physio Exercise (TLN) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 7 10:30 Music Therapy (ADN) 10:30 Baking (TLN) 2:00 Hymn Sing & Service (TLN) 4:00 Recreation Meeting	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 8 10:30 Physio Exercise (TLN) 2:00 Baby Nursery (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 9 1:30 Physio Exercise (TLN) 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 10 11:10 Active Games with Neha (TLN) 2:00 Afternoon Concert (CH) 2:00 Weekend Concert (CH)
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 11 10:00 Church Service (CH) 10:00 Virtual Service (TVns)	Happy Thanksgiving 12 9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 2:00 Hot Chocolate Train (VARI) 	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 13 10:30 Physio Exercise (TLN) 10:30 Baking (DRN) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 14 10:30 Music Therapy (ADN) 11:00 Cubii Exercises (Vari) 2:00 Hymn Sing & Service (TLN) 4:00 Recreation Meeting 8:00 Matsuda Restaurant Teppanyaki Lunch Out - Limited Space (ODR)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 15 10:30 Physio Exercise (TLN) 1:00 Baking (DRN) 2:00 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI) 6:00 Music & Brain Games (TLN)	11:15 Active Games (TLN) 16 1:30 Physio Exercise (TLN) 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 17 10:15 Active Games (VARI) 2:00 Movie - Remarkably Bright Creatures (CH)
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 18 10:00 Church Service (CH) 2:30 Hymn Sing (TLN) 3:30 Happy Feet (VARI)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 19 2:00 Italian Social Club (5fl) 3:30 Maestro (VARI) 6:00 Technology Night (NTV)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 20 10:30 Physio Exercise (TLN) 10:30 Baking (DRN) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 21 10:30 Music Therapy (ADN) 11:00 Cubii Exercises (VARI) 2:00 Hymn Sing & Service (TLN) 2:00 Abba Mania Tribute (CH) 4:00 Recreation Meeting	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 22 10:30 Physio Exercise (TLN) 1:30 Muscleman's Lake Outing (Out) 2:00 Movie Afternoon (TVns) 6:00 Music & Brain Games (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 23 1:30 Physio Exercise (TLN) 2:00 Friday Fellowship (CH) 6:00 Sound therapy (VARI) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 24 11:10 Active Games with Neha (TLN) 2:00 Baking Together - Intergenerational Program (GR)
9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 25 10:00 Church Service (CH) 10:00 Virtual Service (TVns) 2:30 Hymn Sing (TLN)	Election Day 26 9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 10:30 Baking (DRN) 2:00 Short Stories (ADN) 3:15 Montessori Activities (VARI) 6:15 Evening Sing-a-Long (3RD)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 27 10:00 Pet Therapy (TVns) 10:30 Physio Exercise (TLN) 1:30 Sunnybrook Park & Wilket Creek Fall Outing - Limited Space (Out) 2:00 Baby Nursery (ADS) 2:30 Put Pieces Together (ADS)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 28 10:30 Music Therapy (ADN) 10:30 Pawsitively Pets (TLN) 2:00 Hymn Sing & Service (TLN) 4:00 Recreation Meeting	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 29 10:30 Physio Exercise (TLN) 2:00 Baby Nursery (ADS) 3:15 Aromatherapy/Hand Massage (VARI) 6:00 Music & Brain Games (TLN)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 30 11:15 Active Games (TLN) 1:30 Physio Exercise (TLN) 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (6TH)	9:30 Sensory Video & Music Relaxation (Self Directed Activity) (TVsn) 31 10:15 Active Games (VARI) 2:00 Fall Bowling Party (CH) 3:30 Walking Club (VARI)