



October 2026

Resident Home Area 4

Andrea
Recreation Assistant
Contact: 416-609-5700 Ext: 258
Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Piano Lounge (PL) Community Hall (CH) Varied (Vari) Varied (VARI) Resident's room (RSR) Activity Den North (ADN) TV Lounge South (TLS) North Den (ND) Conference Room (Conf) Main Floor (MF) 6th Floor (6TH) Nursing Station North (NSN) South Den (SD) 2nd Floor (2ND) Outing (OUT) 7th Floor (7FLR) Outdoors (ODR) Manor Garden Party Room (MGPR)				11:00 Friendly, Family & Caregiver Visits (Vari) 1 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	11:00 Face Time Call (RSR) 2 11:15 Word Games (PL) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL)	10:00 1-1 Friendly, Caregiver & Family visits (VARI) 3 11:00 Fun & Fitness (PL) 2:00 Cover The Dot (PL) 3:00 Afternoon Concert - RHA 7 (PL) 3:30 Comedy Hour (TLS)
9:00 Gospel Music Listing (NSN) 4 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS)	9:30 Self-Directed Activities (VARI) 5 10:15 Stretch & Strength Fitness (PL) 11:00 Word Games (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Food Committee Meeting (ADN) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	9:30 Staff at Care Conference (SD) 6 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 1:15 Men's Fellowship (ADN) 2:00 Circle of Care Meeting - RHA 7 (PL) 3:00 Abby Enrichment Program (RSR) 3:30 Physio Exercise Group (PL) 3:30 Face Time Call (ND)	11:00 Face Time Call (RSR) 7 12:30 Self Directed Activities (VARI) 2:00 Tai Chi (6TH) 2:00 Baking Oatmeal Raisin Cookies (ADN) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL) 6:00 Sound Therapy RHA 2 (2ND)	10:30 Balloon Game (PL) 8 10:30 Bible Trivia (CH) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	11:30 Face Time Call with Irmgard (RSR) 9 2:00 Friday Fellowship (CH) 2:00 Shuffleboard Game RHA 7 (ND) 3:30 General Knowledge Trivia (PL)	10:00 Mindful Music (PL) 10 11:00 Exercise Trivia (ADN) 2:00 Afternoon Concert (CH) 3:30 Beautiful Destinations (PL)
9:30 Mindful Music (PL) 11 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 2:00 Strolling Musician (7FLR) 3:45 Jeopardy (PL)	Thanksgiving Day (PL) 12 Special Treat Train (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 4:30 Mr. Bean Comedy (PL) 	9:00 Staff at Care Conference (SD) 13 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 11:00 Face Time Call (ND) 1:15 Men's Fellowship (ADN) 2:00 Resident's Council - RHA 7 (PL) 3:30 Physio Exercise Group (PL)	11:00 Face Time Call (RSR) 14 11:00 Matsuda Restaurant Outing (OUT) 12:30 Self Directed Activities (VARI) 2:00 Tai Chi (6TH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL)	Wellness Fair (CH) 15 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	11:00 Face Time Call (RSR) 16 11:15 Word Games (PL) 1:30 Mussleman's Lake Fall Tour (ODR) 2:00 Friday Fellowship (CH)	10:00 1-1 Friendly, Caregiver & Family visits (VARI) 17 11:00 Fun & Fitness (PL) 2:00 Remarkably Bright Creatures - Afternoon Concert (CH) 3:30 Comedy Hour (TLS)
9:00 Gospel Music Listing (NSN) 18 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS)	9:30 Self-Directed Activities (VARI) 19 10:15 Stretch & Strength Fitness (PL) 11:00 Word Games (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Shuffleboard (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	10:00 Pet Therapy - Luna (PL) 20 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 1:15 Men's Fellowship (ADN) 1:30 Sunnybrook Park/Wilket Creek Fall Tour (OUT) 3:30 Physio Exercise Group (PL) 3:30 Face Time Call (ND)	11:00 Face Time Call (RSR) 21 12:30 Self Directed Activities (VARI) 2:00 Rythm Band (ADN) 2:00 Abba Mania Tribute (CH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL) 6:00 Sound Therapy RHA 2 (2ND)	10:00 Pawsitively Pets (PL) 22 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	11:00 Face Time Call with Irmgard (RSR) 23 2:00 Friday Fellowship (CH) 2:00 Shuffleboard Game RHA 7 (ND) 3:30 General Knowledge Trivia (PL)	10:00 Mindful Music (PL) 24 11:00 Exercise Trivia (ADN) 2:00 Intergenerational Cooking Program (MGPR) 4:00 Beautiful Destinations (PL)
9:30 Mindful Music (PL) 25 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 3:45 Jeopardy (PL)	Election Day (Conf) 26 10:00 Election Day - Voting (Conf) 11:00 Friendly, Family & Caregiver Visits (Vari) 4:30 Mr. Bean Comedy (PL)	10:00 Fun & Fitness (PL) 27 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 11:00 Face Time Call (ND) 1:15 Men's Fellowship (ADN) 3:30 Physio Exercise Group (PL)	11:00 Face Time Call (RSR) 28 12:30 Self Directed Activities (VARI) 2:00 Tai Chi (6TH) 2:00 Milestone Event (CH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL)	11:00 Friendly, Family & Caregiver Visits (Vari) 29 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	11:00 Face Time Call (RSR) 30 11:15 Word Games (PL) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL)	10:00 1-1 Friendly, Caregiver & Family visits (VARI) 31 11:00 Fun & Fitness (PL) 2:00 Bowling Party (CH) 3:00 Afternoon Concert (PL) 3:30 Comedy Hour (TLS)