



October 2026

Resident Home Area 6

Catherine
Recreation Assistant
Contact: 416-609-5700 Ext. 223
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legends</u> Piano Lounge (PL) Community Hall (CH) Varied (VARI) TV Lounge South (TLS) Courtyard (COUR) TV Lounge North (TLN) Resident's Room (RSR) South Den (ASD) Outing (Out) Outdoors (ODS/Balcony) North Den (AND) TV Lounge North/South (TVNS)				9:00 Calendar Distribution (RSR) 1 9:45 Physio Exercise (PL) 10:30 Pawsitively Pets (PL) 1:15 Chats & Chapters (VARI) 2:00 Spiritual Hymn Sing (7FLR) 3:30 Dice Games (PL)	9:45 Physio Exercise (PL) 2 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (VARI) 2:00 Friday Fellowship (CH) 2:00 Friday Mic & Music (7FLR) 6:00 Friday Night Social with (4FL)	10:00 Christian Music (TVNS) 3 11:00 Exercises (PL) 2:00 Cultures on Screen (TVNS) 2:00 Saturday Entertainer (CH)
10:00 Church Service (CH) 4 10:00 Virtual Church (TVNS) 1:45 Cards-RHA6 (ND) 2:00 Cultures on Screen (TVNS)	9:45 Physio Exercise (PL) 5 10:30 Aroma Spa Therapy (PL) 1:15 Chats & Chapters (VARI) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 2:00 Fall Baking (DRN) 3:15 Volunteer Care Connect (VARI)	9:45 Wake & Wiggle with Robbie (PL) 6 10:30 Mandarin/Cantonese Support Group (7FLR) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (VARI) 2:00 Shuffle Club (ADS) 2:00 Circle of Care (7FLR) 3:00 Bell Choir (7FLR)	9:45 Physio Exercise (PL) 7 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (VARI) 2:00 Volunteer Care Connect (Vari) 2:00 Tai Chi (PL) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	9:30 Care Conference 8 9:45 Physio Exercise (PL) 10:30 Audible Space with Pastor Becca (CH) 1:15 Chats & Chapters (VARI) 2:00 Spiritual Hymn Sing (7FLR)	9:45 Physio Exercise (PL) 9 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (VARI) 2:00 Friday Fellowship (CH) 3:30 Math Matters (NSN) 6:00 Friday Night Social with Jessica W. (5fl)	9:45 Wake & Wiggle with Robbie (PL) (PL) 10 10:15 Weekend Brain Boost (PL) 1:15 Chats & Chapters (VARI) 2:00 Cultures on Screen (TVNS) 2:00 Saturday Concert (CH) 3:30 Dice Game (NSN)
10:00 Church Service (CH) 11 10:00 Virtual Church (TVNS) 1:15 Chats & Chapters (VARI) 2:00 Cultures on Screen (TVNS) 2:30 Strolling Musician (5fl) 3:30 Magic Table Fun (NSN)	Thanksgiving Day 12 9:45 Wake & Wiggle with Robbie (PL) 2:00 Cup Cake Train (Vari) 	9:45 Wake & Wiggle with Robbie (PL) 13 10:30 Pet Therapy (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (VARI) 2:00 Shuffle Club (ADS) 2:00 Resident's Council (7FLR) 3:00 Bell Choir (7FLR) 4:00 Volunteer Care Connect	9:45 Physio Exercise (PL) 14 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (VARI) 2:00 Volunteer Care Connect (Vari) 2:00 Tai Chi (PL) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	9:30 Care Conference 15 9:45 Physio Exercise (PL) 10:30 Wellness Fair (CH) 1:15 Chats & Chapters (VARI) 2:00 Paws & Cuddles Club (ADS) 2:00 Spiritual Hymn Sing (7FLR) 3:15 Puzzle Corner (ADN)	9:45 Physio Exercise (PL) 16 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (VARI) 2:00 Friday Fellowship (CH) 2:00 Mic & Music (7FLR) 3:30 Words At Work (ADS) 6:00 Friday Night Social with Filipa (6TH)	10:00 Christian Music (TVNS) 17 11:00 Exercises (PL) 2:00 Cultures on Screen (TVNS) 2:00 Remarkably Bright Creatures (CH)
10:00 Church Service (CH) 18 10:00 Virtual Church (TVNS) 1:45 Cards-RHA6 (ND) 2:00 Cultures on Screen (TVNS)	9:45 Physio Exercise (PL) 19 10:30 Aroma Spa Therapy (PL) 1:15 Chats & Chapters (VARI) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 3:15 Volunteer Care Connect (VARI)	9:45 Wake & Wiggle with Robbie (PL) 20 10:30 Words At Work (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (VARI) 1:30 Sunnybrook Park Outing (Out) 2:00 Shuffle Club (ADS) 2:00 Bell Choir (7FLR)	9:45 Physio Exercise (PL) 21 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (VARI) 2:00 Volunteer Care Connect (Vari) 2:00 ABBA Mania (CH) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	9:45 Physio Exercise (PL) 22 1:15 Chats & Chapters (VARI) 2:00 Spiritual Hymn Sing (7FLR)	9:45 Physio Exercise (PL) 23 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (VARI) 2:00 Friday Fellowship (CH) 3:30 Words At Work (ADS) 6:00 Friday Night Social with Jay (7FLR)	9:45 Wake & Wiggle with Robbie (PL) (PL) 24 10:15 Weekend Brain Boost (PL) 1:15 Chats & Chapters (VARI) 2:00 Baking Together (MANO) 3:30 Dice Game (NSN)
10:00 Church Service (CH) 25 10:00 Virtual Church (TVNS) 1:15 Chats & Chapters (VARI) 2:00 Cultures on Screen (TVNS) 2:00 Strolling Musician (Vari) 3:30 Magic Table Fun (PL)	9:45 Physio Exercise (PL) 26 10:30 Election Day (COUR) 1:15 Chats & Chapters (VARI) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 2:00 Cultures on Screen (TVNS) 3:15 Volunteer Care Connect (VARI)	9:45 Wake & Wiggle with Robbie (PL) 27 10:30 Sunshine Strollers (COUR) 10:30 Words At Work (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (VARI) 2:00 Shuffle Club (ADS) 2:00 Bell Choir (7FLR) 4:00 Volunteer Care Connect (VARI)	9:45 Physio Exercise (PL) 28 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (VARI) 2:00 Volunteer Care Connect (Vari) 2:00 Milestone Event (PL) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	9:45 Physio Exercise (PL) 29 10:30 Paws & Cuddles Club (ADS) 1:15 Chats & Chapters (VARI) 2:00 Spiritual Hymn Sing (7FLR) 3:15 Puzzle Corner (ADN)	9:45 Physio Exercise (PL) 30 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (VARI) 2:00 Friday Fellowship (CH) 3:30 Math Matters (NSN) 6:00 Friday Night Movie (4FL)	10:00 Christian Music (TVNS) 31 11:00 Exercises (PL) 2:00 Cultures on Screen (TVNS) 2:00 Fall Bowling Party (CH)