SHEPHERD VILLAGE
A Caring Christian Seniors' Community

November 2026

Shepherd Village Terrace

-All programs are subject to change.
-All programs will be held in the Music Room, unless specified otherwise.
-Evening Hymn singing is a self-directed program by residents.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church in the Village 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**2** 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:15 QUÉBEC: Canada's Most Beautiful European Paradise 6:00 Evening Hymn Singing 3F lounge	**3** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Art Club 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	**4** 9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 The Toronto Bango Band in the Community Hall 3:00 Games in the Game Room (Scrable & Dominos) 5:30 MOVIE NIGHT	**5** 10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 10:30 Brain Health Series with Cogniciti in the Community Hall 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Travel to Jamaica with Jonique 6:00 MOVIE NIGHT	**6** 9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Live Performance with Francis De Mello 6:00 Evening Hymn Singing 3F lounge	**7** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 BINGO! 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing in the Music Room
8 10:00 Church in the Village 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**9** 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary/AMISH COUNTRY: The Hidden World Living Without Modern Technology 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**10** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 1:45 Residents' Bill of Rights 2:15 Timeless Melodies/ Sing Along Your Favourite Songs/Karaoke with Peter 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	**11** 9:30 Physio/Strengthening 10:00 "Lest We Forget" Rememberance Day Service in the Community Hall 2:00 WE REMEMBER/ REMEMBERANCE DAY SOCIAL 3:00 Games in the Game Room (Scrable & Dominos) 6:00 Evening Hymn Singing in the Music Room	**12** 10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Documentary/BERMUDA: No Rivers, No Resources—Yet One of the Richest Places on Earth 6:00 MOVIE NIGHT	**13** 9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Live Performance with Samira Yeo 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**14** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Welcome November Tea Social 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing in the Music Room
15 10:00 Church in the Village 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**16** 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary/UGANDA: The Most Pristine Beauty You've Never Seen 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**17** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Craft -Christmas Cards 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	**18** 9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 BINGO! 3:00 Games in the Game Room (Scrable & Dominos) 6:00 MOVIE NIGHT	**19** 10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/ MADAGASCAR: The Last Untouched Wilderness 3:20 Comedy TV Show	**20** 9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Live Performance with Suzie McNeil 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**21** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Game Day in the Music Room 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing in the Music Room
22 10:00 Church in the Village 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**23** 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:15 Christmas Decoration in the Music Room 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**24** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 FOOD MEETING 2:30 Christmas Decoration in the Music Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	**25** 9:30 Physio/Strengthening 11:00 This is Jeopardy! 2:00 BINGO! 3:00 Games in the Game Room (Scrable & Dominos) 6:00 Evening Hymn Singing in the Music Room	**26** 10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Women of Faith/ Nancy Smail Testimony 6:00 MOVIE NIGHT	**27** 9:30 Physio/Strengthening 10:15 Physio /Stretching 11:00 Brain Fitness/Trivia 2:00 Live Performance with Muriel Clemmer and Marilyn Reist In the Community Hall 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**28** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 Travelogue to South pacific island 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing in the Music Room
29 10:00 Church in the Village 1:00 MOVIE MATINEE WITH GIL IN THE GAME ROOM 6:00 Evening Hymn Singing with Lloyd/ 3F lounge	**30** 9:30 Physio/Strengthening 11:00 Brain Fitness/Trivia 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Documentary/ROMANIA: This Beauty Doesn't Look Real 6:00 Evening Hymn Singing with Lloyd/ 3F lounge					

