

# November 2026

## Shepherd Village Lodge

Neha
Recreation Assistant
416 609 5700 ext 225
All programs are subject to change

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>10:00 Sunday Church Service (CH)<br>10:00 Virtual Church (TVNS)<br>2:30 Weekend Entertainer (TLN)<br>3:30 Person-Centered Visit (RSR) | **2**<br>1:30 Group Physio (ADS)<br>2:15 Walking Club (MF)<br>3:30 Montessori Activities (ADN)<br>6:00 Sing-a-Long (TLN) | **3**<br>10:00 Chair Exercise (NTV)<br>11:15 Walk Around the Village (MF)<br>1:30 Group Physiotherapy Exercises (ADS)<br>2:00 Table Top Games (ADN)<br>4:00 Cozy Reads (ADN) | **4**<br>10:00 Baking With Concita (DRN)<br>10:00 Bring Your Kids to Work<br>11:15 Cubii Challenge (Vari)<br>1:30 Walking Club (MF)<br>2:00 Tai Chi (6TH )<br>2:00 Toronto Banjo Band (CH)<br>3:30 Spiritual Hymn Sing (TLN) | **5**<br>10:30 Putt Putt Golf (ADS)<br>11:10 Active Games (TLN)<br>1:30 Group Physio (ADS)<br>2:15 Bingo! (PL)<br>4:00 Sensory & Relaxation (Vari)<br>6:00 Music & Brain Games RHA 2 | **6**<br>10:30 Music Therapy (ADS)<br>2:00 Friday Fellowship (CH)<br>3:30 Tabletops Games (ADN)<br>6:00 Friday Night Social w/Filipa (Vari) | **7**<br>Self-Directed Activities (Vari)<br>2:00 Afternoon Entertainment with Carla Gonzalez (2ND )<br>2:30 Balloon Badminton (TLN) |
| **8**<br>10:00 Church Service (CH)<br>10:00 Virtual Church<br>2:30 Sing Along with Robbie (TLN) | **9**<br>Self-Directed Activities (Vari)<br>11:15 Active Games with Luisa (NTV)<br>1:30 Group Physio (ADS) | **10**<br>10:00 Reading Circle (ADN)<br>10:30 Chinese Support Group (7FLR)<br>10:30 Pet Therapy (NTV)<br>1:30 Group Physio (ADS)<br>2:00 Person-Centred Activities (Vari)<br>3:15 Walk the Village (MF) | **11**<br>10:00 Remembrance Day Service (CH)<br>11:15 Cubii Challenge (Vari)<br>2:00 Tai Chi (6TH )<br>2:15 Maestro (NSNS)<br>3:30 Spiritual Hymn Sing (TLN) | **12**<br>1:30 Group Physio (ADS)<br>6:00 Music & Brain Games RHA 2 (2ND ) | **13**<br>10:30 Music Therapy (ADS)<br>2:00 Friday Fellowship (CH)<br>4:00 Tabletop Games (ADS)<br>6:00 Friday Night Social (Vari) | **14**<br>10:00 Baking With Concita (DRN)<br>3:30 Walk around the Village (MF) |
| **15**<br>10:00 Sunday Church Service (CH)<br>10:00 Virtual Church<br>2:00 Hymn Sing (TLS)<br>3:30 Person-Centered Activities (Vari) | **16**<br>10:00 Bucket Ball Toss (N/SD)<br>1:30 Group Physio (ADS)<br>2:15 Walking Club (MF) | **17**<br>Self-Directed Activities<br>1:30 Group Physiotherapy Exercises (ADS) | **18**<br>1:30 Walking Club (MF)<br>2:00 Tai Chi (6TH )<br>2:15 Maestro (NSNS)<br>3:30 Spiritual Hymn Sing (TLN) | **19**<br>10:30 Pawsitively Pets (PL)<br>1:30 Group Physio (ADS)<br>2:15 Bingo! (PL)<br>4:00 Sensory & Relaxation (Vari)<br>6:00 Music & Brain Games RHA 2 | **20**<br>10:30 Music Therapy (ADS)<br>2:00 Friday Fellowship (CH)<br>3:30 Tabletop Games (ADN)<br>6:00 Friday Night Social (Vari) | **21**<br>10:30 Balloon Badminton (TLN)<br>2:00 Afternoon Concert with Davis (CH) |
| **22**<br>10:00 Church Service (CH)<br>10:00 Virtual Church<br>3:00 Tover Illumination Projector (6TH ) | **23**<br>1:30 Group Physio (ADS)<br>2:15 Maestro Afternoon (NSS)<br>3:30 Pong Cup Bowling (ADN)<br>6:15 Karaoke w/ staff & residents (TLN) | **24**<br>Self-Directed Activities<br>1:30 Group Physiotherapy Exercises (ADS)<br>2:00 Chair Exercise (TVNS)<br>3:30 Person-Centered Activities (RSR)<br>6:00 Sound Therapy (ADS) | **25**<br>10:00 Gift Wrapping<br>11:15 Cubii Challenge (Vari)<br>2:00 Tai Chi (6TH )<br>2:00 Bell Choir Christmas Concert (CH)<br>3:30 Spiritual Hymn Sing (TLN)<br>6:00 Person Centered Activities (Vari) | **26**<br>1:30 Group Physio (ADS)<br>2:15 Bingo! (PL)<br>4:00 Scented Hand Care (Vari)<br>7:00 Santa and the Snowflake (carol singing) (CH) | **27**<br>10:30 Bucket Ball (TLN)<br>10:30 Music Therapy (ADS)<br>2:00 Friday Fellowship (CH)<br>4:00 Baby Nursery (ADS)<br>6:00 Friday Night Social (Vari) | **28**<br>11:00 Active Games with Luisa (TLN)<br>2:00 Ayame Kai Dance Group (CH)<br>3:30 Walk Around The Village (MF)<br>6:00 Tabletops Games (ADN) |
| **29**<br>10:00 Sunday Church Service (CH)<br>10:00 Virtual Church<br>2:00 Hymn Sing (TLS) | **30**<br>1:30 Group Physio (ADS)<br>2:15 Walking Club (MF)<br>3:30 Montessori Activities (ADN)<br>6:15 Sing-a-Long (TLN)<br>7:15 Maestro Evening (NSN) |  | |  | | |

Locations Legend

| | |
|---|---|
| Activity Den South (ADS) | Resident's room (RSR) |
| Community Hall (CH) | Dining Room North (DRN) |
| Varied (Vari) | 2nd Floor (2ND ) |
| TV Lounge North (TLN) | North & South Nursing Station (NSNS) |
| Main Floor (MF) | TV Lounge South (TLS) |
| Activity Den North (ADN) | 7th Floor (7FLR) |
| 6th Floor (6TH ) | North / South Den (N/SD) |
| Piano Lounge (PL) | Nursing Station South (NSS) |
| North TV Lounge (NTV) | Nursing Station North (NSN) |
| Tv lounge North & South (TVNS) | |