

November 2026

Resident Home Area 4

Andrea
Recreation Assistant
Contact: 416-609-5700 Ext: 258
Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Gospel Music Listing (NSN) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 11:30 1-1 Friendly, Caregiver & Family visits (VARI) 3:00 Strolling Entertainment RHA 7 (Vari) 3:30 Gaither Gospel Concert (TLS)	**2** 9:30 Self-Directed Activities (VARI) 11:00 Word Games (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:30 Puzzle Quest (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	**3** 10:00 Fun & Fitness (PL) 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 1:15 Men's Fellowship (ADN) 2:00 Food Committee Meeting (ADN) 2:00 Bell Choir - RHA 7 (ADN) 3:00 Abby Enrichment Program (RSR) 3:00 Face Time Call (ND) 3:30 Physio Exercise Group (PL)	**4** 12:30 Self Directed Activities (VARI) 2:00 Tai Chi (6TH) 2:00 Toronto Banjo Band (CH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL)	**5** 10:30 Balloon Game (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**6** 10:30 Stretch & Strength Fitness (PL) 11:30 Walk Fit Club (MF) 2:00 Friday Fellowship (CH) 3:30 General Knowledge Trivia (PL)	**7** 10:00 Mindful Music (PL) 11:00 Exercise Trivia (ADN) 3:00 Afternoon Concert with Carla Gonzalez (PL) 3:30 Beautiful Destinations (PL)
8 9:30 Mindful Music (PL) 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 3:45 Jeopardy Game (PL)	**9** 10:00 Fun & Fitness RHA 7 (PL) 10:30 Stretch & Strength Fitness (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Relaxing with Herbal Tea Social (DRN) 4:30 Mr. Bean Comedy (PL)	**10** 10:00 Fun & Fitness (PL) 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 11:00 Face Time Call (ND) 1:15 Men's Fellowship (ADN) 2:00 Resident's Council - 6th. Floor (PL) 2:00 Bell Choir - RHA 7 (ADN) 3:30 Physio Exercise Group (PL)	**11** 10:00 Remembrance Day Service (CH) 10:30 Music Therapy Group (ND) 12:30 Self Directed Activities (VARI) 2:00 Tai Chi (6TH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf)	**12** 10:30 Bible Trivia (CH) 11:00 Friendly, Family & Caregiver Visits (Vari) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**13** 11:15 Word Games (PL) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL)	**14** 11:00 Fun & Fitness (PL) 11:30 1-1 Friendly, Caregiver & Family visits (VARI) 11:45 Aqua Babies Watch Club (MP) 2:00 Baking Together - Intergenerational Program (DRN) 3:30 Comedy Hour (TLS)
15 9:00 Gospel Music Listing (NSN) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 11:30 1-1 Friendly, Caregiver & Family visits (VARI) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS)	**16** 9:30 Self-Directed Activities (VARI) 11:00 Word Games (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:30 Puzzle Quest (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	**17** 10:00 Fun & Fitness (PL) 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 1:15 Men's Fellowship (ADN) 2:00 Bell Choir - RHA 7 (ADN) 3:00 Abby Enrichment Program (RSR) 3:00 Face Time Call (ND) 3:30 Physio Exercise Group (PL)	**18** 10:30 Music Therapy Group (ND) 12:30 Self Directed Activities (VARI) 2:00 Rythm Band (ADN) 2:00 Tai Chi (6TH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL)	**19** 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers -RHA4 (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**20** 10:30 History from the Past - The Historian (GR) 10:30 Lianne Harris -Egypt (GR) 11:30 Walk Fit Club (MF) 2:00 Friday Fellowship (CH) 3:30 General Knowledge Trivia (PL)	**21** 10:00 Mindful Music (PL) 11:00 Exercise Trivia (ADN) 2:00 Afternoon Concert (CH) 3:30 Beautiful Destinations (PL)
22 9:30 Mindful Music (PL) 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 2:00 Strolling Musician (4FL) 3:45 Jeopardy Game (PL)	**23** 10:00 Fun & Fitness RHA 7 (PL) 10:30 Stretch & Strength Fitness (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Obie Game (PL) 4:30 Mr. Bean Comedy (PL)	**24** 10:00 Fun & Fitness (PL) 10:30 Walking Club (MF) 11:00 Friendly, Family & Caregiver Visits (Vari) 11:00 Face Time Call (ND) 1:15 Men's Fellowship (ADN) 2:00 Circle of Care Mtg. (PL) 2:00 Bell Choir - RHA 7 (ADN) 3:30 Physio Exercise Group (PL)	**25** 10:30 Music Therapy Group (ND) 12:30 Self Directed Activities (VARI) 2:00 Bell Choir Christmas Concert (CH) 3:30 Physio Exercise (PL) 4:00 Recreation Meeting (Conf) 6:00 Hymns & Bible Reading With 7RHA (PL)	**26** 10:00 Pawsitively Pets (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL) 7:00 Santa and the Snowflake (CH)	**27** 11:15 Word Games (PL) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL)	**28** 11:00 Fun & Fitness (PL) 11:30 1-1 Friendly, Caregiver & Family visits (VARI) 11:45 Aqua Babies Watch Club (MP) 2:00 Ayame Kai Dance Group (CH) 2:00 Ayame-Kai - Japanese Dance Group (CH) 3:00 Armchair - Travelogue (PL) 3:30 Comedy Hour (TLS)
29 9:00 Gospel Music Listing (NSN) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 11:30 1-1 Friendly, Caregiver & Family visits (VARI) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS)	**30** 9:30 Self-Directed Activities (VARI) 11:00 Word Games (PL) 11:00 Friendly, Family & Caregiver Visits (Vari) 2:30 Puzzle Quest (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)					

Locations Legend

Piano Lounge (PL)	Conference Room (Conf)
Community Hall (CH)	Nursing Station North (NSN)
Varied (Vari)	6th Floor (6TH)
Varied (VARI)	Resident's room (RSR)
Activity Den North (ADN)	Dining Room North (DRN)
TV Lounge South (TLS)	Manor Pool (MP)
North Den (ND)	Gardenview Room (GR)
Main Floor (MF)	4th Floor (4FL)