

November 2026

Shepherd Village Lodge

Catherine
Recreation Assistant
416 608 5700 ext 223
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church Service (CH) 10:00 Virtual Church (TVNS) 1:45 Card Games on RHA6 (ND) 2:00 Cultures on Screen (TVNS) 2:30 Sunday Entertainer on RHA 5 (5TH)	**2** 9:45 Physio Exercise (PL) 10:30 Aroma Spa Therapy (PL) 1:15 Chats & Chapters (Vari) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 3:15 Volunteer Care Connect (VARI)	**3** 9:45 Wake & Wiggle with Robbie (PL) 10:00 Pet Therapy (VARI) 10:30 Math Matters (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (Vari) 2:00 Shuffle Club (ADS) 2:00 Bell Choir (7FLR) 4:00 Volunteer Care Connect	**4** 9:45 Physio Exercise (PL) 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (Vari) 2:00 Volunteer Care Connect (Vari) 2:00 Toronto Banjo Band (CH) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR) 6:00 Guided Breathing Meditation (6TH)	**5** 9:30 Care Conference 9:45 Physio Exercise (PL) 10:30 Busy Bee (NSN) 1:15 Chats & Chapters (Vari) 2:00 Spiritual Hymn Sing (7FLR)	**6** 9:45 Physio Exercise (PL) 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (Vari) 2:00 Friday Fellowship (CH) 2:00 Shuffle Club (ADS) 3:30 Hand massage and aromatherapy (6TH) 6:00 Friday Night Social with Filipa	**7** 9:45 Wake & Wiggle with Robbie (PL) (PL) 10:00 Christian Music (TVNS) 10:15 Weekend Brain Boost (PL) 1:15 Chats & Chapters (Vari) 2:00 Cultures on Screen (TVNS) 2:30 Saturday Entertainer on RHA 5 (CH) 3:30 Magic Table Fun (NSN)
8 10:00 Church Service (CH) 10:00 Virtual Church (TVNS) 1:15 Chats & Chapters (Vari) 2:00 Cultures on Screen (TVNS) 2:00 Artscape (PL) 3:30 Magic Table Fun (PL)	**9** 9:45 Physio Exercise (PL) 1:15 Chats & Chapters (Vari) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 2:00 Cultures on Screen (TVNS) 3:15 Volunteer Care Connect (VARI)	**10** 9:45 Wake & Wiggle with Robbie (PL) 10:30 Mandarin/Cantonese Support Group 7 Fl (PL) 10:30 Busy Bee (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (Vari) 2:00 Shuffle Club (ADS) 2:00 Residents' Council (6TH)	**11** 9:45 Physio Exercise (PL) 10:00 Remembrance Day Service (CH) 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (Vari) 2:00 Volunteer Care Connect (Vari) 2:00 Tai Chi (PL) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	**12** 9:30 Care Conference 9:45 Physio Exercise (PL) 10:30 Audible Space with Pastor Becca (CH) 10:30 Pawsitively Pets (PL) 1:15 Chats & Chapters (Vari) 2:00 Paws & Cuddles Club (ADS) 2:00 Spiritual Hymn Sing (7FLR) 3:15 Puzzle Corner (ADN)	**13** 9:45 Physio Exercise (PL) 10:30 Word Search Challenge (NSN) 1:15 Chats & Chapters (Vari) 2:00 Friday Fellowship (CH) 2:00 Shuffle Club (ADS) 2:00 Mic & Music (PL) 6:00 Friday Night Social with Madeleine (6TH)	**14** 10:00 Christian Music (TVNS) 11:00 Exercises (PL) 2:00 Cultures on Screen (TVNS)
15 10:00 Church Service (CH) 10:00 Virtual Church (TVNS) 1:45 Card Games on RHA6 (ND) 2:00 Cultures on Screen (TVNS) 2:45 Sing-Along on RHA 5 (5TH)	**16** 9:45 Physio Exercise (PL) 10:30 Aroma Spa Therapy (PL) 1:15 Chats & Chapters (Vari) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 2:00 Gift Wrapping 3:15 Volunteer Care Connect (VARI)	**17** 9:45 Wake & Wiggle with Robbie (PL) 10:00 Pet Therapy (VARI) 10:30 Math Matters (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (Vari) 2:00 Shuffle Club (ADS) 2:00 Bell Choir (7FLR) 4:00 Volunteer Care Connect	**18** 9:45 Physio Exercise (PL) 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (Vari) 2:00 Volunteer Care Connect (Vari) 2:00 Tai Chi (PL) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR) 6:00 Puzzle night (6TH)	**19** 9:45 Physio Exercise (PL) 10:30 Busy Bee (NSN) 1:15 Chats & Chapters (Vari) 2:00 Spiritual Hymn Sing (7FLR)	**20** 9:45 Physio Exercise (PL) 10:30 Liann Harris - All about Egypt (PL) 1:15 Chats & Chapters (Vari) 2:00 Friday Fellowship (CH) 2:00 Shuffle Club (ADS) 6:00 Friday Night Social with Filipa (6TH)	**21** 9:45 Wake & Wiggle with Robbie (PL) (PL) 10:15 Weekend Brain Boost (PL) 1:15 Chats & Chapters (Vari) 2:00 Saturday Concert with Davis (CH) 3:30 Magic Table Fun (NSN) 3:30 Dice Game (NSN)
22 10:00 Church Service (CH) 10:00 Virtual Church (TVNS) 1:15 Chats & Chapters (Vari) 2:00 Cultures on Screen (TVNS) 2:00 Magic Table Fun (PL) 2:30 Strolling Musician on RHA 5 (Vari) 3:30 Magic Table Fun (PL)	**23** 9:45 Physio Exercise (PL) 1:15 Chats & Chapters (Vari) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 2:00 Christmas Decorating (TVNS) 3:15 Volunteer Care Connect (VARI)	**24** 9:45 Wake & Wiggle with Robbie (PL) 10:30 Math Matters (PL) 11:00 Music for Life (ADS) 1:15 Chats & Chapters (Vari) 2:00 Shuffle Club (ADS) 2:00 Circle of Care (7FLR) 3:00 Bell Choir (7FLR) 4:00 Volunteer Care Connect	**25** 9:45 Physio Exercise (PL) 10:30 Wednesday Bingo (PL) 1:15 Chats & Chapters (Vari) 2:00 Volunteer Care Connect (Vari) 2:00 Bell Choir Christmas Concert (CH) 4:00 Recreation Huddle 4:00 Tamil Social Club (7FLR)	**26** 9:45 Physio Exercise (PL) 1:15 Chats & Chapters (Vari) 2:00 Paws & Cuddles Club (ADS) 2:00 Spiritual Hymn Sing (7FLR) 3:15 Puzzle Corner (ADN) 7:00 Santa & The Snowflakes (CH)	**27** 9:45 Physio Exercise (PL) 10:30 Word Search Challenge (PL) 1:15 Chats & Chapters (Vari) 2:00 Friday Fellowship (CH) 2:00 Shuffle Club (ADS) 6:00 Friday Night Social with Jay (6TH)	**28** 10:00 Christian Music (TVNS) 11:00 Exercises (PL) 2:00 Cultures on Screen (TVNS) 2:00 Ayame-Kai - Japanese Dance Group (CH)
29 10:00 Church Service (CH) 10:00 Virtual Church (TVNS) 1:45 Card Games on RHA6 (ND) 2:00 Cultures on Screen (TVNS) 2:45 Sing-Along on RHA 5 (5TH)	**30** 9:45 Physio Exercise (PL) 10:30 Aroma Spa Therapy (PL) 1:15 Chats & Chapters (Vari) 2:00 Reading Club (ADS) 2:00 Shuffle Club (ADN) 3:15 Volunteer Care Connect (VARI)					

Locations Legends

Piano Lounge (PL)	Resident's Room (RSR)
Community Hall (CH)	South Den (ASD)
Varied (VARI)	Outing (Out)
TV Lounge South (TLS)	Outdoors (ODS/Balcony)
Courtyard (COUR)	North Den (AND)
TV Lounge North (TLN)	TV Lounge North/South (TVNS)