

November 2026

Shepherd Village Lodge

Julia
Recreation Assistant
416 608 5700 ext 235
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Spiritual Life Church Service (SOT) 10:00 Spiritual Life Virtual (SOT) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing (4FL)	**2** 10:00 Morning exercise (TVns) 11:30 Staff friendly visit 2:00 Shuffleboard (ADN) 3:30 Dominoes (PL)	**3** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 2:00 Bell Choir (ADN) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	**4** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Jeopardy (PL) 11:30 Staff friendly visit 2:00 Toronto Banjo Band (6TH) 4:00 Tamil Social Club (PL) 6:00 4th RHA Hymn sing (PL) 6:00 Dominoes (7FLR)	**5** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Pawsitively Pets (PL) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	**6** 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Stretch and Strength Exercises (PL) 2:00 Friday Fellowship (CH) 6:00 Friday Social Hour (Vari)	**7** 10:00 Morning Exercises (PL) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Weekend Bingo (PL) 11:15 Exercise Trivia on 4th RHA 3:00 Concert on RHA 4 (PL) 3:30 Dominoes (PL) 6:00 Guided breathing meditation (ADN) 6:30 1:1 Staff Friendly Visits (Vari)
8 10:00 Spiritual Life Church Service (CH) 10:00 Spiritual Life Virtual (SOT) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing (TLS) 3:45 Jeoprady on 4th RHA (PL) 4:15 1-1 Staff Visits (Vari)	**9** 10:00 Game Shows in the Morning 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 11:30 Staff friendly visit 2:00 Shuffleboard (ADN)	**10** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Cantonese and Mandarin Support Group (PL) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 2:00 Resident's Council (VARI) 3:00 Bell Choir (ADN)	**11** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:00 Remembrance Day Service (CH) 11:30 Staff friendly visit 2:00 Tai-Chi (6TH) 2:00 Baking (PL) 4:00 Tamil Social Club (PL) 6:00 4th RHA Hymn sing (PL)	**12** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Audible Bible Study (CH) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	**13** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:15 Word Games (PL) 2:00 Mic & Music (PL) 3:30 Dominoes (PL) 6:00 Friday Social Hour (Vari)	**14** 10:00 Visits w/ family, friends, caregiver (VARI) 10:00 Fun & Fitness with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 3:30 Movie Afternoon (TVNS)
15 10:00 Spiritual Life Church Service (SOT) 10:00 Spiritual Life Virtual (SOT) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing (4FL)	**16** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:15 Name That Tune (PL) 11:30 Staff friendly visit 2:00 Boomers Club (ADN) 3:30 Dominoes (PL)	**17** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 2:00 Bell Choir (ADN) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	**18** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:15 Crossword Puzzle (PL) 11:30 Staff friendly visit 2:00 Tai-Chi (6TH) 3:30 Jeopardy! (PL) 4:00 Tamil Social Club (PL) 6:00 4th RHA Hymn sing (PL)	**19** 9:30 Rec Staff in Care Conference 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 11:30 Staff friendly visit 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	**20** 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Lianne Harris Presentation (GR) 2:00 Friday Fellowship (CH) 6:00 Friday Social Hour (Vari)	**21** 10:00 Morning Exercises (PL) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Weekend Bingo (PL) 11:15 Exercise Trivia on 4th RHA 3:30 Dominoes (PL) 6:00 Guided breathing meditation (ADN) 6:30 1:1 Staff Friendly Visits (Vari)
22 10:00 Spiritual Life Church Service (CH) 10:00 Spiritual Life Virtual (SOT) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing (TLS) 3:45 Jeoprady on 4th RHA (PL) 4:15 1-1 Staff Visits (Vari)	**23** 10:00 Game Shows in the Morning 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:15 Name That Tune (PL) 11:30 Staff friendly visit 2:00 Shuffleboard (ADN)	**24** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:30 Pet Therapy (7FLR) 11:30 Staff friendly visit 1:15 Men's Fellowship (ADN) 2:00 Boomers Club (7FLR) 2:00 Bell Choir (ADN) 3:30 Trivial Pursuits (PL) 6:15 Big Games Night (7FLR)	**25** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 10:15 Crossword Puzzle (PL) 11:30 Staff friendly visit 2:00 Bell Choir Concert (PL) 4:00 Tamil Social Club (PL) 6:00 4th RHA Hymn sing (PL)	**26** 9:30 Rec Staff in Care Conference 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL) 7:00 Santa and The Snowflakes (CH)	**27** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Friday Fellowship (CH) 3:30 Dominoes (PL) 6:00 Friday Social Hour (Vari)	**28** 10:00 Visits w/ family, friends, caregiver (VARI) 10:00 Fun & Fitness with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 2:00 Ayame Kai Dance Group (CH) 3:30 Movie Afternoon (TVNS)
29 10:00 Spiritual Life Church Service (SOT) 10:00 Spiritual Life Virtual (SOT) 10:00 Visits w/ family, friends, caregiver (VARI) 2:00 Hymn Sing (4FL)	**30** 10:00 Morning exercise (TVns) 10:00 Visits w/ family, friends, caregiver (VARI) 11:30 Staff friendly visit 3:30 Dominoes (PL)					

Locations Legend

Piano Lounge (PL)	7th Floor (7FLR)
Varied (VARI)	TV Lounge South (TLS)
TV Lounge North/South (TVns)	Tv lounge North & South (TVNS)
Activity Den North (ADN)	4th Floor (4FL)
Community Hall (CH)	6th Floor (6TH)
Sanctuary/ On TV (SOT)	Gardenview Room (GR)
Varied (Vari)	